# **SAPPLING DISTRIBUTION**

Venue	<b>Date:</b> 26/01/2021	No. of Participants	Type of Activity
Pappanamcode	Time: 10am to 1pm		Community
	<b>Duration</b> : 3 hrs.		

#### **DETAILS**

"He that plants trees loves other beside himself"

-Thomas Fuller



Tree plantation is a critical process. It refers to the planting of seedling that only is for increasing the forest cover but for ensuring that our ecosystem is intact. NSS SCTCE conduct a plant distribution program, on 26/01/2021from 10am to 12pm. The volunteers distributed plants to the natives in Pappanmcode locality. Trees give as life, it is the time that we gave back to nature. We can nurture the earth now and plantation would be a great leap foreward in this

endeavor.

Objective: Aware the volunteer to the importance of planting trees and distribute plants to others to make a green Earth.

# **REPUBLIC DAY CELEBRATION**

Venue	Date: 26/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 9am-10am		Campus
	Duration: 1 hrs.		

#### **DETAILS**

"The sanctity of law can be maintained only so as long as it is the expression of the will of the people"

-Bhagat Singh



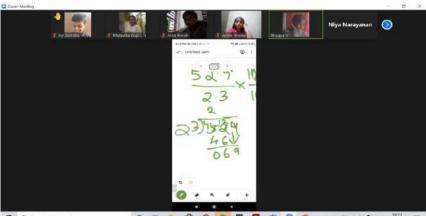
NSS SCTCE organized and celebrated Republic Day on 26/01/2021 from 9am to 10am at college. The celebration began with the special assembly and flag hoisting with echoing of patriotic song gave intense and passionate feeling. Principal, programme officers and other staffs delivered speeches to inform what volunteers are capable of and how can they take inspiration from the great achievers who have made India proud at the global map.

Objective: Volunteers got an opportunity to celebrate the day and make resilient the love and proud towards the nation.

Venue	<b>Date:</b> 01/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

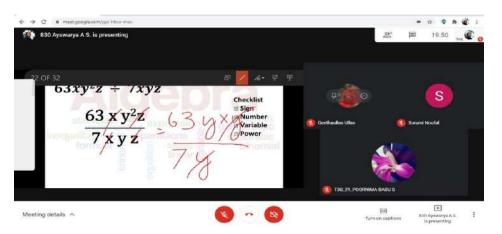
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Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 01/02/2021 from 6pm to 7pm on the topics Algebra, multiplication and division for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 31/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	<b>Duration</b> : 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 31/01/2021 from 6pm to 7pm on the topics Algebra, subtraction for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 30/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"

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-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 30/01/2021 from 6pm to 7pm on the topics Algebra, addition for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 29/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	<b>Duration</b> : 1 hrs.		
DETAILS			

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 29/01/2021 from 6pm to 7pm on the topics Fraction, multiplication and division for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 29/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 28/01/2021 from 6pm to 7pm on the topics Fraction, addition and subtraction for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	Date: 27/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 27/01/2021 from 6pm to 7pm on the topics Decimal, division for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 26/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	<b>Duration</b> : 1 hrs.		

**DETAILS** 

"I think I have learned that the best way to lift one's self up is to help someone else"



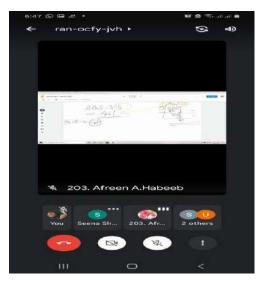
-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 26/01/2021 from 6pm to 7pm on the topics Decimal, multiplication for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	Date: 25/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



-Booker T Washington

Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 25/01/2021 from 6pm to 7pm on the topics Decimal, addition and subtraction for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

Venue	<b>Date:</b> 24/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		
DETAILS			

#### DETAILS

"I think I have learned that the best way to lift one's self up is to help someone else"



#### -Booker T Washington

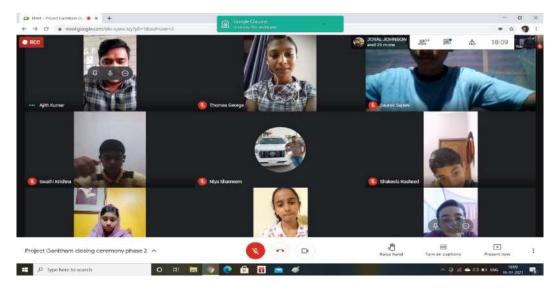
Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 24/01/2021 from 6pm to 7pm on the topics Integer, multiplication and division for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

# **PROJECT GANITHAM PHASE 2: CLOSING CEREMONY**

Venue	<b>Date:</b> 16/01/2021	No. of Participants	Type of Activity
Google meet	<b>Time</b> : 6pm-7pm		Community
	<b>Duration</b> : 1 hr.		

#### **DETAILS**

"If we want to reach real peace in this world, we should start educating children"



-Mahatma Gandhi

Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted closing ceremony of second phase of Project Ganitham 2.0 on 16/01/2021from 6pm to 7pm through the online platform Google meet. Students shared their experiences and thanked our volunteers for organizing such an effective and valuable program. It helped them to get acquainted with the fundamental of mathematics in an easier and interesting way. The students gave their genuine feedbacks and suggestion regarding the classes.

Objectives: The program helped our volunteers to improve their teaching skill and leadership quality. It helped the students to get acquainted with the fundamental of mathematics in an easier and interesting way

# PROJECT GANITHAM PHASE 3 INDUCTION PROGRAME

Venue	<b>Date:</b> 22/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"Develop a passion for learning. If you do, you will never cease to grow"

-Anthony J. D'Angelo



NSS SCTCE with Insight for Innovation, brought the third phase of PROJECT GANITHAM 2.0, a program to improve the understanding of mathematical fundamentals for the students of Government Tribal High School, Idinjar. Students are made to revise the fundamental of mathematical like integer, decimals, algebra and fraction. On 22/01/2021 an Induction programme was conducted for students through the online platform Google meet from 6 pm to 7pm which shared information and basics about Project Ganitham 2.0 The programme was interesting and it helped the students to get the basics of maths in such a way that will never ever get bored again.

Objective: The programme helped the students to familiarise with basis of maths. Volunteers got an opportunity to develop their skill by sharing knowledge.

Venue	<b>Date:</b> 23/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 7pm		Community
	<b>Duration</b> : 1 hrs.		

#### **DETAILS**

"I think I have learned that the best way to lift one's self up is to help someone else"



#### -Booker T Washington

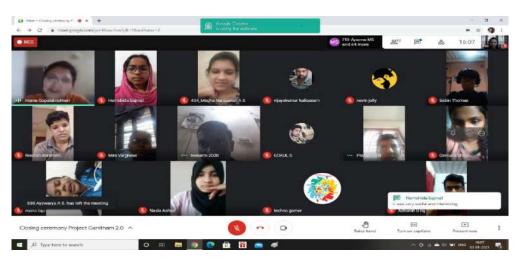
Knowledge as a resource of value creation, allows for exceptional marginal rates of productivity. To understand the importance of knowledge sharing, we have to understand the importance of knowledge itself and how if differ from information. NSS SCTCE in association with Insight conducted third phase of Project Ganitham 2.0 on 23/01/2021 from 6pm to 7pm on the topics Integer, addition and subtraction for the students of 9th and 10th class from Government Tribal High School, Idinjar. The classes for the students were handled by the volunteers of NSS SCTCE which was very productive and conjoint. Different styles of teaching methods helped the students to abstract the concept easily and more effectively. Through this volunteers got a pure platform to share their acquired knowledge to the students, who are really deserving. The Program made a way to improve various skills of volunteers in different teaching aspects and communication skills. It developed reliance and fulfilment in each and every volunteer who would be the part of this program.

# **PROJECT GANITHAM PHASE 3: CLOSING CEREMONY**

Venue	<b>Date:</b> 06/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	<b>Duration</b> : 1 hr.		

#### **DETAILS**

"Education is not the answer to the question. Education is the means to the answer to all questions"



-William Allin

Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted closing ceremony of second phase of Project Ganitham 2.0 on 06/02/2021from 6pm to 7pm through the online platform Google meet. Students shared their experiences and thanked our volunteers for organizing such an effective and valuable program. It helped them to get acquainted with the fundamental of mathematics in an easier and interesting way. The students gave their genuine feedbacks and suggestion regarding the classes.

Objectives: The program helped our volunteers to improve their teaching skill and leadership quality. It helped the students to get acquainted with the fundamental of mathematics in an easier and interesting way

# POLIO VACCINE VOLUNTEERING

Venue	<b>Date:</b> 31/01/2021	No. of Participants	Type of Activity
Pappanamcode	<b>Time</b> : 10am to 12pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"There's no better policy in a society then pursuing a health and safety of its people."

-Ralph Nader



Behind each safety statistic though, resides an individual. And, behind this individual, resides friends, family and colleagues. The Volunteers of NSS SCTCE got an opportunity to be a part of National Polio Immunisation programme by holding up and facilitate polio vaccination to the children of Pappanamcode locality on 31/01/2021 from 10 am to 12 pm. The Program helped our volunteers to understand the importance of polio vaccination and make others aware of the same so as ensure a safe society.

Objective: Volunteers got an experience on a medical volunteering and it helped the people of the locality.

# POLIO VACCINE AWARENESS

Venue	<b>Date:</b> 30/01/2021	No. of Participants	Type of Activity
Pappanamcode	Time: 1pm to 5pm		Community
	Duration: 4 hrs.		

#### **DETAILS**

"There's no better policy in a society then pursuing a health and safety of its people."



-Ralph Nader

Behind each safety statistic though, resides an individual. And, behind this individual, resides friends, family and colleagues. The Volunteers of NSS SCTCE got an opportunity to be a part of National Polio Immunisation programme by holding up and facilitate polio vaccination to the children of Pappanamcode locality on 30/01/2021 from 1pm to 5pm. The Program helped our volunteers to understand the importance of polio vaccination and make others aware of the same so as ensure a safe society.

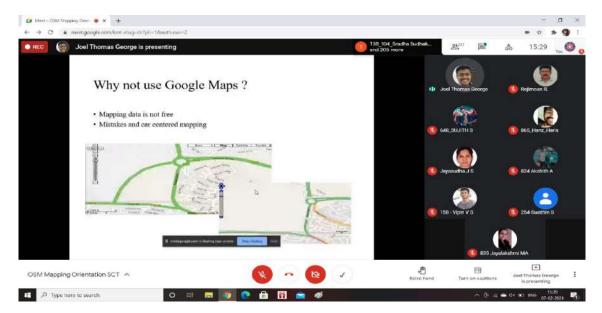
Objective: Volunteers got an experience on a medical volunteering and it helped the people of the locality.

Venue	<b>Date:</b> 14/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	Duration: 1 hrs.		

#### DETAILS

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



NSS SCTCE arranged an internship program for volunteers on the topic OSM mapping on 14/02/2021 from 6pm to 7pm through the digital platform Google meet. The training session was handled by Mr. Naveen. Open StreetMap is a collaborative project to create a free editable map of the world. He described the way of making OSM mapping as from the beginning as whole in productive and interesting way. Discussed about the wide range possibilities of OSM mapping and made a practical and interactive session. The internship was for the selected 30 volunteers.

## **OSM MAPPING AWARENESS PROGRAM**

Venue	<b>Date:</b> 7/02/2021	No. of Participants	Type of Activity
Google meet	Time: 3pm-5pm		Orientation
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



NSS SCTCE arranged a session for volunteers on the topic OSM mapping on 07/02/2021 from 3pm to 5pm through the digital platform Google meet. The session was handled by Joel Thomas George (Mapathon program regional coordinator and assistant professor, Holy Grace academy of engineering, Thrissur) explained the importance of making map more delegate. Open StreetMap is a collaborative project to create a free editable map of the world. He described the way of making OSM mapping as from the beginning as whole in productive and interesting way. Discussed about the wide range possibilities of OSM mapping and made a practical and interactive session.

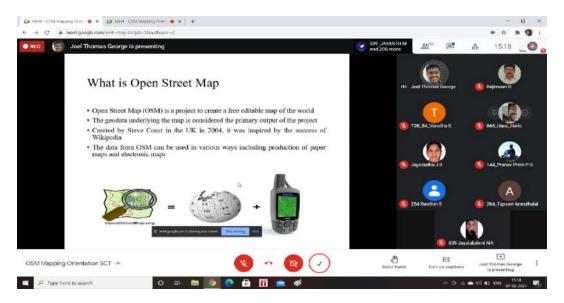
## **OSM MAPPING INTERNSHIP INTRODUCTION PROGRAME**

Venue	<b>Date:</b> 10/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	Duration: 1 hrs.		

#### DETAILS

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



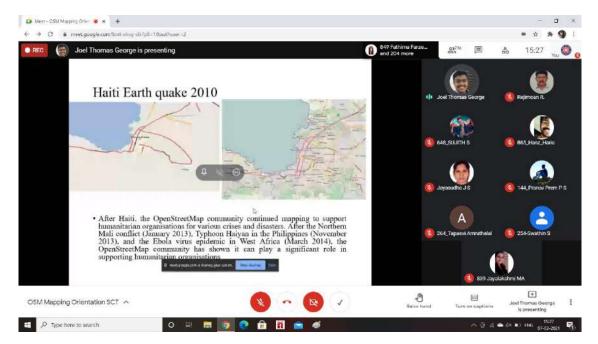
NSS SCTCE arranged an internship program for volunteers on the topic OSM mapping on 10/02/2021 from 6pm to 7pm through the digital platform Google meet. The program was conducted in the presences of KTU NSS Coordinator Mr. Joy Varghese, State coordinator of OSM Mr. Ratheesh, Regional coordinator Arun M along with the Program officers Mr. Rejimoan R and Subha V. Open Street Map is a collaborative project to create a free editable map of the world. The program point outed the importance of volunteers in OMS Mapping project which ensures free and accessible helping to democratize peoples needs for geographic data.

Venue	<b>Date:</b> 13/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



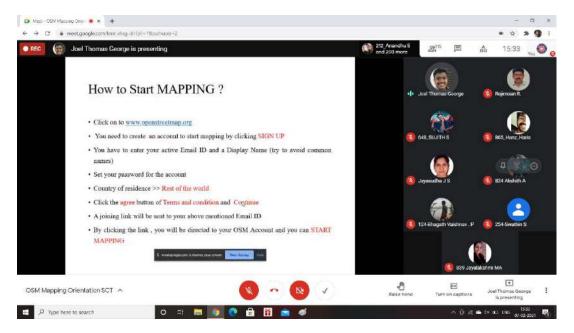
NSS SCTCE arranged an internship program for volunteers on the topic OSM mapping on 13/02/2021 from 6pm to 7pm through the digital platform Google meet. The training session was handled by Mr. Naveen. Open StreetMap is a collaborative project to create a free editable map of the world. He described the way of making OSM mapping as from the beginning as whole in productive and interesting way. Discussed about the wide range possibilities of OSM mapping and made a practical and interactive session. The internship was for the selected 30 volunteers.

Venue	<b>Date:</b> 12/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	<b>Duration</b> : 1 hrs.		

#### **DETAILS**

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



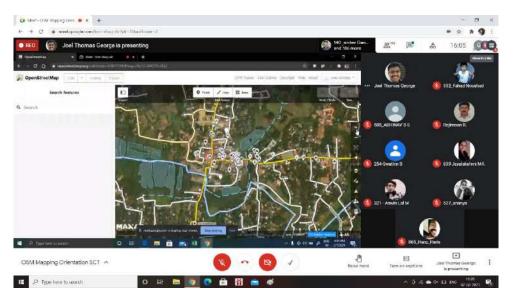
NSS SCTCE arranged an internship program for volunteers on the topic OSM mapping on 12/02/2021 from 6pm to 7pm through the digital platform Google meet. The training session was handled by Mr. Naveen. Open StreetMap is a collaborative project to create a free editable map of the world. He described the way of making OSM mapping as from the beginning as whole in productive and interesting way. Discussed about the wide range possibilities of OSM mapping and made a practical and interactive session. The internship was for the selected 30 volunteers.

Venue	<b>Date:</b> 11/02/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm-7pm		Community
	Duration: 1 hrs.		

#### DETAILS

"A map says to you. read me carefully, follow me closely, doubt me not.. I am the earth in the palm of your hand"

#### -Beryl Markham



NSS SCTCE arranged an internship program for volunteers on the topic OSM mapping on 11/02/2021 from 6pm to 7pm through the digital platform Google meet. The training session was handled by Mr. Naveen. Open StreetMap is a collaborative project to create a free editable map of the world. He described the way of making OSM mapping as from the beginning as whole in productive and interesting way. Discussed about the wide range possibilities of OSM mapping and made a practical and interactive session. The internship was for the selected 30 volunteers.

# **MY TREE CHALLENGE PHASE 9**

Venue	<b>Date:</b> 05/02/2021	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"We might think we are nurturing our garden, but of course it's our garden that is really nurturing us."

-Jenny Uglow



NSS SCTCE conducted a program 'My Tree Challenge' on 5th February 2021 as a continuation of World Environment Day programs. The program was conducted to create awareness among people. Mother Nature too needs care and protection; show her your care by caring for her trees. The NSS volunteers joined their hands to make Earth greener and their works were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth.

Objective: It promotes our volunteers' ability to use intuition and knowledge together create culinary and healing delights.

# **KITCHEN GARDEN PHASE 5**

Venue	Date: 29/01/2021	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"The ultimate goal of farming is not the growing of crop, but the cultivation and perfection of human being."

-Masanobu Fukuoka



NSS SCTCE conducted 5th phase of Kitchen garden on 29th January 2021. The program was conducted to create awareness among people. Moreover, it is our responsibility to look out our Mother Earth. The NSS volunteers joined their hands to make Earth greener and their efforts were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth. A green world is a safe world for all the life.

Objectives: To preserve the environment, increase green-cover & protect the health of public by spreading social awareness on organic farming/gardening

# **KITCHEN GARDEN PHASE 6**

Venue	<b>Date:</b> 14/02/2021	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	<b>Duration</b> : 2 hrs.		

# **DETAILS**

"Don't judge each day by the harvest you reap, but by the seeds that you plant."

-Robert Louis Stevenson



NSS SCTCE conducted 5th phase of Kitchen garden on 14th February 2021. The program was conducted to create awareness among people. Moreover, it is our responsibility to look out our Mother Earth. The NSS volunteers joined their hands to make Earth greener and their efforts were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth. A green world is a safe world for all the life.

Objectives: To preserve the environment, increase green-cover & protect the health of public by spreading social awareness on organic farming/gardening

# HOW TO FACE EXAM TRAINNING

Venue	Date: 17/01/2021	No. of Participants	Type of Activity
Google meet	Time: 6pm to 8pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"Education is the most powerful weapon which you can use to change the world."



-Nelson Mandela

Learning is a never-ending process; every human being keeps on learning till the end of life. The Volunteers of NSS SCTCE conducted a training session 'HOW TO FACE EXAM' for the students of 10th standard on 17/01/2021 from 6pm to 8 pm through the online platform Google meet. The session helped students to circumvent unwanted anxiety and stay positive during exam. Several tips were delivered , such as thorough preparation, relaxation techniques, and getting help from others so as to be confident enough to face the exam.

Objective: Students were trained to do away with the anxiety of how to go about preparing to tackle and overcome the hurdles that they have to cross

# HOW TO FACE EXAM DAY 3

Venue	Date: 24/01/2021	No. of Participants	Type of Activity
Google meet	Time: 7pm to 8pm		Community
	<b>Duration</b> : 1 hrs.		

#### **DETAILS**

"Education is the most powerful weapon which you can use to change the world."



-Nelson Mandela

Learning is a never-ending process; every human being keeps on learning till the end of life. The Volunteers of NSS SCTCE conducted a training session 'HOW TO FACE EXAM' for the students of 10th standard on 24/01/2021 from 7pm to 8 pm through the online platform Google meet. The session mainly focused on how to study a problematic subject easily and helped students to circumvent unwanted anxiety and stay positive during exam. Several tips were delivered, such as thorough preparation, relaxation techniques, and getting help from others so as to be confident enough to face the exam.

Objective: Students were trained to do away with the anxiety of how to go about preparing to tackle and overcome the hurdles that they have to cross.

# HOW TO FACE EXAM DAY 1

Venue	Date: 22/01/2021	No. of Participants	Type of Activity
Google meet	Time: 7pm to 8pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"Education is the most powerful weapon which you can use to change the world."



-Nelson Mandela

Learning is a never-ending process; every human being keeps on learning till the end of life. The Volunteers of NSS SCTCE conducted a training session 'HOW TO FACE EXAM' for the students of 10th standard on 22/01/2021 from 7pm to 8 pm through the online platform Google meet. The session mainly focused on awaring the students about the importance of education and helped students to circumvent unwanted anxiety and stay positive during exam. Several tips were delivered, such as thorough preparation, relaxation techniques, and getting help from others so as to be confident enough to face the exam.

Objective: Students were trained to do away with the anxiety of how to go about preparing to tackle and overcome the hurdles that they have to cross

Venue	Date: 23/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 10am-12pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"The objective of cleaning is not just to clean, but to feel happiness living within that environment"

-Marie Kondo



NSS SCTCE conducted a cleaning drive at college on 23/01/2021 from 10 am to 12 pm. The event mainly focused to clean campus, campus cleanliness and hygiene is an imperative community responsibility during the pandemic. Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. To make the volunteer aware of a such necessary quality of life, NSS SCTCE had come up with this event to make the campus without garbages.

# FOOD DISTRIBUTION

Venue	Date: 2/601/2021	No. of Participants	Type of Activity
Thambanoor	Time: 10am to 12pm		Community
	Duration: 1 hrs.		

#### **DETAILS**

"If you want to eliminate hunger, everybody has to be involved."

-Bono



On 26<sup>th</sup> of January 2021, the volunteers of NSS SCTCE conducted a food distribution program at Thambanoor from 10am to 12pm. In this program, our volunteers collected food and distributed to people in the roadside. It was such a great experience for all of us. It was really a satisfied program for our volunteers. The program was successful enough to inculcate the value of sharing and donating in our Volunteers. This taught them the lesson of helping the needy in their times of despair.

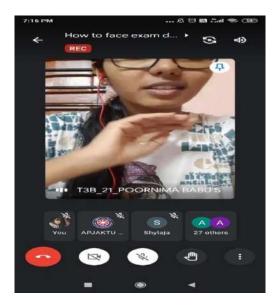
Objective: Volunteers were gifted with an opportunity to serve the people of society which helped them to build the values of being cordial and courteous

# HOW TO FACE EXAM DAY 2

Venue	<b>Date:</b> 23/01/2021	No. of Participants	Type of Activity
Google meet	Time: 7pm to 8pm		Community
	Duration: 1 hrs.		
DETAILS			

"Education is the most powerful weapon which you can use to change the world."

-Nelson Mandela



Learning is a never-ending process; every human being keeps on learning till the end of life. The Volunteers of NSS SCTCE conducted a training session 'HOW TO FACE EXAM' for the students of 10th standard on 23/01/2021 from 7pm to 8 pm through the online platform Google meet. The session mainly focused on how crack the theory part of each subjects and helped students to circumvent unwanted anxiety and stay positive during exam. Several tips were delivered, such as thorough preparation, relaxation techniques, and getting help from others so as to be confident enough to face the exam.

Objective: Students were trained to do away with the anxiety of how to go about preparing to tackle and overcome the hurdles that they have to cross.

Venue	Date: 20/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 10am-12pm		Campus
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"The objective of cleaning is not just to clean, but to feel happiness living within that environment"

-Marie Kondo



NSS SCTCE conducted a cleaning drive at college on 20/01/2021 from 10 am to 12 pm. The event mainly focused to clean campus, campus cleanliness and hygiene is an imperative community responsibility during the pandemic. Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. To make the volunteer aware of a such necessary quality of life, NSS SCTCE had come up with this event to make the campus without garbages.

Venue	<b>Date:</b> 21/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 10am-12pm		Campus
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

"The objective of cleaning is not just to clean, but to feel happiness living within that environment"

#### -Marie Kondo



NSS SCTCE conducted a cleaning drive at college on 21/01/2021 from 10 am to 12 pm. The event mainly focused to clean campus, campus cleanliness and hygiene is an imperative community responsibility during the pandemic. Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. To make the volunteer aware of a such necessary quality of life, NSS SCTCE had come up with this event to make the campus without garbages.

Venue	<b>Date:</b> 19/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 10am-12pm		Campus
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"The objective of cleaning is not just to clean, but to feel happiness living within that environment"

-Marie Kondo



NSS SCTCE conducted a cleaning drive at college on 19/01/2021 from 10 am to 12 pm. The event mainly focused to clean campus, campus cleanliness and hygiene is an imperative community responsibility during the pandemic. Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. To make the volunteer aware of a such necessary quality of life, NSS SCTCE had come up with this event to make the campus without garbages.

Venue	<b>Date:</b> 22/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 10am-12pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"The objective of cleaning is not just to clean, but to feel happiness living within that environment"

-Marie Kondo



NSS SCTCE conducted a cleaning drive at college on 22/01/2021 from 10 am to 12 pm. The event mainly focused to clean campus, campus cleanliness and hygiene is an imperative community responsibility during the pandemic. Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. To make the volunteer aware of a such necessary quality of life, NSS SCTCE had come up with this event to make the campus without garbages.

## **SANDHWANAM**

Venue	<b>Date:</b> 24/12/2020	No. of Participants	Type of Activity
Trivandrum	Time: 12pm-4pm		Community
	<b>Duration</b> : 4 hrs.		

### **DETAILS**

"We can't help everyone but everyone can help someone."

### -Ronald Reagan



The volunteers of NSS SCTCE (Team Corona) donated a month's worth of groceries and clothes to a needy family to double the Christmas celebrations on 24/12/2020. They returned from there after sharing the sweetness of the cake to welcome Christmas with joy. The opportunity gifted the Volunteers understand people who aren't as lucky as everyone. The idea of helping others before us to make the world a better place strike everyone deeply. This move is definitely set to bring wealth of benefits to those who choose to help and might even be the key to happiness. It helps to create stronger communities that are concerned with the well-being of each and every individual as we work towards a happier society for all.

Objective: Volunteers were able to help a family who needed a support an made them happy.

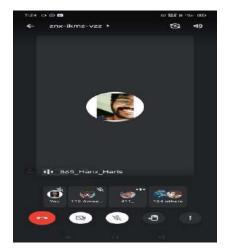
### SKILL DEVELOPMENT PROGRAME

Venue	Date: 09/01/2021	No. of Participants	Type of Activity
Google meet	<b>Time</b> : 7pm-9pm		Campus
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"The journey of thousand miles begins with a single step"

-Lao Ttu



In this new world, it is impossible for us to know all that there is to know, yet access to the skilled and knowledge base is increasingly readily available. So, what will make us developed skill specialist, rather than poor ones, is that our knowledge is more relevant, and more current, and is applied more efficiently and effectively. On 09/01/2021. The Volunteers of NSS SCTCE organised an interactive skill development session for the volunteers from 7pm to 9pm through the online platform Google meet. The program was an opportunity for our volunteers to exhibit their views, opinions and skills regarding many themes. Moreover, it helped them to be more confident to raise their voice in front of a public. They were able to reveal the creativity inside them.

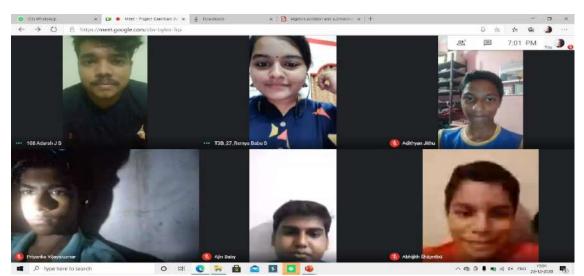
Objective: The skills developed by the volunteers establish themselves on an online platform and for their upcoming activities thereby help them to eradicate their stage fear.

## **PROJECT GANITHAM PHASE 1: CLOSING CEREMONY**

Venue	<b>Date:</b> 03/01/2021	No. of Participants	Type of Activity
Google meet	Time: 4pm-5pm		Community
	<b>Duration</b> : 1 hr.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"



-Malala Yousafsai

Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted closing ceremony of first phase of Project Ganitham 2.0 on 03/01/2021 from 4pm to 5pm through the online platform Google meet. Students shared their experiences and thanked our volunteers for organizing such an effective and valuable program. It helped them to get acquainted with the fundamental of mathematics in an easier and interesting way. The students gave their genuine feedbacks and suggestion regarding the classes.

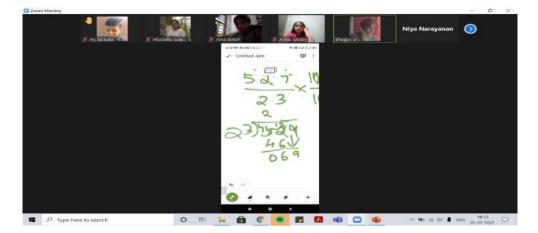
Objectives: The program helped our volunteers to improve their teaching skill and leadership quality. It helped the students to get acquainted with the fundamental of mathematics in an easier and interesting way

Venue	<b>Date:</b> 11/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



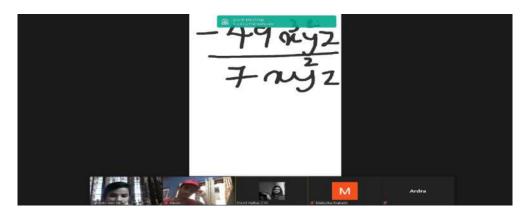
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 11/01/2021from 5pm to 7pm on the topics Revision for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 10/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

DETAILS

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



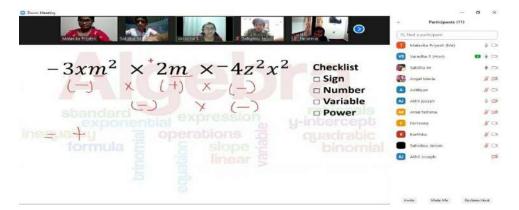
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 10/01/2021 from 5pm to 7pm on the topics Algebra and division for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 09/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



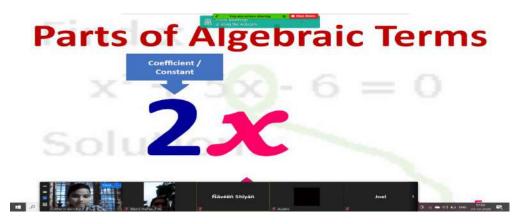
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 09/01/2021 from 5pm to 7pm on the topics Algebra multiplication for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	Date: 08/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



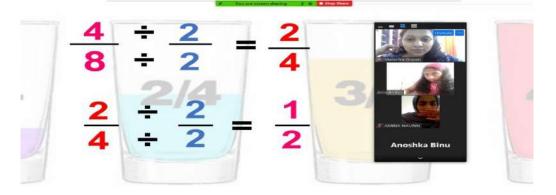
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 05/01/2021 from 5pm to 7pm on the topic Algebra addition and subtraction for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 07/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 07/01/2021 from 5pm to 7pm on the topics Fraction , multiplication and division for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	Date: 06/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



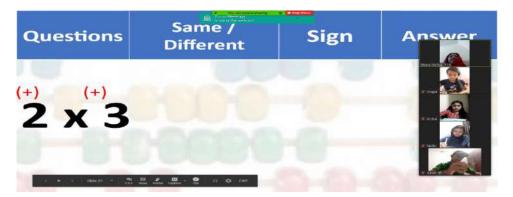
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 06/01/2021 from 5pm to 7pm on the topics Fraction, addition and subtraction for the students of 7th and 9th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	Date: 03/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 03/01/2021 from 5pm to 7pm on the topics Integer, multiplication and division for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 05/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 05/01/2021 from 5pm to 7pm on the topics Decimal, multiplication and division for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 04/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		
	DE	TATIC	

#### **DETAILS**

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-Malala Yousafsai

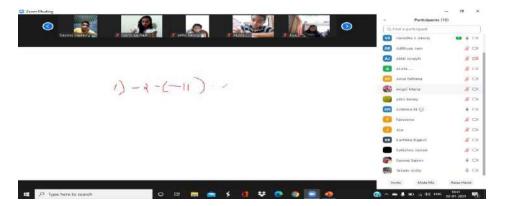
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 04/01/2021 from 5pm to 7pm on the topics Decimal, addition and subtraction for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 02/01/2021	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

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-Malala Yousafsai



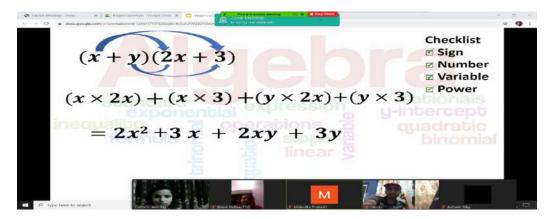
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 02/01/2021 from 5pm to 7pm on the topics Integer, addition and subtraction for the students of 7th and 8th class students from Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	Date: 26/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 26/12/2020 from 5pm to 7pm on the topics Algebra and multiplication for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 27/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



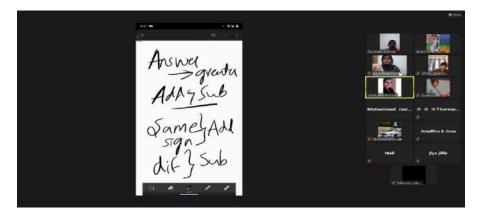
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 27/12/2020 from 5pm to 7pm on the topics Algebra and division for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 28/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 28/12/2020 from 5pm to 7pm on the topics Revision for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 23/12/2020	No. of Participants	Type of Activity
Google meet	<b>Time</b> : 5pm-7pm		Community
	Duration: 2 hrs.		

### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 23/12/2020 from 5pm to 7pm on the topics Algebra and addition for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 24/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

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-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 24/12/2020 from 5pm to 7pm on the topics Algebra and subtraction for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 22/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		
DETAILS			

DETAILS

"One Child, one teacher, one book, one pen can change the world"



-Malala Yousafsai

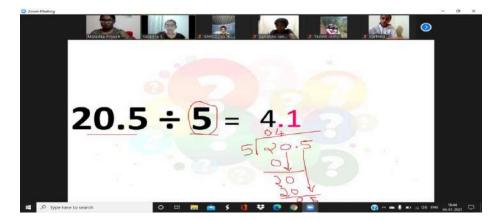
Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 22/12/2020 from 5pm to 7pm on the topics Fraction, multiplication and division for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 19/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 19/12/2020 from 5pm to 7pm on the topics Decimal and division for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 21/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

#### DETAILS

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 21/12/2020 from 5pm to 7pm on the topics Fraction, addition and subtraction for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	<b>Date:</b> 18/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 18/12/2020 from 5pm to 7pm on the topics decimal and multiplication for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

# **KITCHEN GARDEN PHASE 4**

Venue	<b>Date:</b> 25/12/2020	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

"To plant a garden is to believe in tomorrow"

-Audrey Heburn



NSS SCTCE conducted 4th phase of Kitchen garden on 25th December2020. The program was conducted to create awareness among people. Moreover, it is our responsibility to look out our Mother Earth. The NSS volunteers joined their hands to make Earth greener and their efforts were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth. A green world is a safe world for all the life.

Objectives: To preserve the environment, increase green-cover & protect the health of public by spreading social awareness on organic farming/gardening

Venue	<b>Date:</b> 17/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"



-Malala Yousafsai

Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 17/12/2020 from 5pm to 7pm on the topics Decimal, addition and subtraction for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

Venue	Date: 16/12/2020	No. of Participants	Type of Activity
Google meet	<b>Time</b> : 5pm-7pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"

-Malala Yousafsai



Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 16/12/2020 from 5pm to 7pm on the topics Integer, multiplication and division for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

# **ORU POTHI NANMA**

Venue Thambanoor	<b>Date:</b> 23/12/2020	No. of Participants	Type of Activity
Thunburtoor	Time: 11am-3pm		Community
	Duration: 4 hrs.		

### **DETAILS**

"Giving is not just about making a donation, it's about making a difference"

-Kathy Calvin



On 23/12/2020, the volunteers of NSS SCTCE at Sree Chithira Thirunal College Of Engineering (Idea: 2020-'24 Mechanical A Batch) delivered food packets to the poor in the streets with passion and tenderness to convey the message of, the value of food and hunger. The food packets were collected from students, staffs and teachers of Thambanoor-Eastfort, Pazhavangadi-SPfort, Killipalam-Attakulangara, Thambanoor -Museum. The program was successful enough to inculcate the value of sharing and donating in our Volunteers. This taught them the lesson of helping the needy in their times of despair.

Objective: Volunteers were gifted with an opportunity to serve the people of society which helped them to build the values of being cordial and courteous

## **NEW YEAR CELEBRATION**

Venue	<b>Date:</b> 01/01/2021	No. of Participants	Type of Activity
Google meet	Time: 7pm-9pm		Campus
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

"Take a leap of faith and begin this wondrous new year by believing"

-Sarah Ban Breathnach



2020 is finally over, and we are all hopeful that better days are ahead. However, for the moment, the safest activities are those with our immediate household that do not involve gatherings or travel. On 01/01/2021 NSS SCTCE organized a new year celebration through the virtual platform google meet from 7pm to 9pm. An award distribution ceremony was also conducted along with this on the basis of the previous performances of each volunteer and their teams.

Objectives: The program was very encouraging as it promotes our volunteers to bring up their inner creativity and talents.

Venue	<b>Date:</b> 15/12/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration</b> : 2 hrs.		
	т		

#### **DETAILS**

"One Child, one teacher, one book, one pen can change the world"



-Malala Yousafsai

Knowledge is the only power which cannot be stolen. It can be transferred from one person to another. NSS SCTCE in association with Insight conducted first phase of Project Ganitham 2.0 on 15/12/2020 from 5pm to 7pm on the topics Integer, addition and subtraction for the students of 9th and 10th class students from St Johns Model Higher Secondary School, Nalanchira and Holy Face School Makkiyad, Wayanad. The classes for the students were handled by the volunteers of NSS SCTCE which was very captivating and engaging. The comprehendible teaching methods eventuated the students to grasp the fundamentals of chapters taught. This proved to be an opportunity for the volunteers to share their acquired knowledge. The program indirectly helped in the teaching skills of the Volunteers. The Programme made a way to improve their skills in different teaching aspects. It developed collaboration and innovation among the volunteers and inspired new solutions and development pathways that stimulate change and reforms.

### **MY TREE CHALLENGE PHASE 8**

Venue	<b>Date:</b> 05/01/2021	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	<b>Duration</b> : 2 hrs.		

### **DETAILS**

"A tree with strong roots laughs at storms"

-Candy Polgar



NSS SCTCE conducted 8th phase of MY TREE CHALLENGE on 5th January 2021, as a continuation of World Environment Day program. If we want to improve our quality of life, we need to get our hands dirty and plant something. Putting trees in the ground doesn't just provide you with beauty and shade, it can also improve your property value, and clean the air and water even lower your heart rate. The volunteers of NSS SCTCE joined their hands to make our earth a better place and their efforts were posted on social media for spreading the thought on planting trees. The volunteers were working together for this new life, and continuous efforts are done to fulfil this dream.

Objectives: The programme created a caring attitude in volunteers towards the nature.

### LIVING MY BEST LIFE

Venue	<b>Date:</b> 20/12/2020	No. of Participants	Type of Activity
Google meet	Time: 3pm-5pm		Orientation
	Duration: 2 hrs.		

#### **DETAILS**

"Motivation is what gets you started; habit is what keeps you going"

-Jim Ryun



NSS SCTCE conducted a motivational session 'Living my best life' at 3 PM on 20/12/2020, through Google meet. The session was Handled by Dhanya Ravi which was very inspiring to our volunteers as this helped them to understand the way of life and how to overcome the struggles of life. She also passed on some good advices which was much needed in everyone's life. To be successful, you must use each day as an opportunity to improve, to be better, to get a little bit closer to your goals. It might sound like a lot of work—and with a busy schedule, next to impossible. But the best part is, the more you accomplish, the more you'll want to do, the higher you'll want to reach. So, if you have the hunger for success, you will always have the power within you to achieve it.

Objective: The session helped our volunteers to be confident in unpleasant situation and to hold out against it.

## **BLOOD DONATION DRIVE**

Venue	<b>Date:</b> 02/01/2021	No. of Participants	Type of Activity
SCTCE	<b>Time</b> : 9:30am- 1:30pm		Community
	<b>Duration</b> : 4 hrs.		

#### **DETAILS**

"No one has ever become poor by giving"

-Anne Frank



Blood is one of the most essential fluids that helps in the smooth functioning of our body. If the body loses blood in excessive amounts, the body can come down with deadly diseases which can ultimately lead to death. The Volunteers of NSS SCTCE conducted a Blood Donation Drive at the college on 02/01/2021 from 9:30 am to 1:30pm. All aspects of social distancing and Covid safety protocol were taken before hand to conduct the program. Volunteers were able to make a difference to someone's life by doing this noble act. Thus, we see how blood donation is literally life-saving which helps people.

Objective: Volunteers got an opportunity to save life and serve the society by donating blood.

### JINGLE BELLS

Venue	Date: 26/12/2020	No. of Participants	Type of Activity
Google meet	Time: 3pm-5pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"The more you celebrate your life, the more there is in life to celebrate"

-Oprah Winfrey



This year has been all kinds of different! The pandemic has forced people to isolate and stay locked down to avoid the coronavirus. There are still a lot of restrictions on gatherings and events. With consistent work from home, for corporates it can mean all work and no fun. NSS SCTCE has conducted a virtual celebration for Christmas on 26/12/20 through the online platform google meet from 3pm to 5pm. Volunteers were divided into separate teams and in the schedule time they performed different programs and filled with happiness.

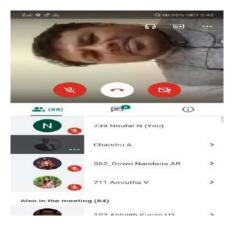
Objectives: This program helped the volunteers to interact and improve their creative skill trough the virtual platform.

# **SPEAK UP!AN ORIENTATION ON HUMAN RIGHTS**

Venue	<b>Date:</b> 10/12/2020	No. of Participants	Type of Activity
Google Meet	<b>Time:</b> 3:30pm to 5:30pm	-	Orientation
	Duration: 2hrs		

### **DETAILS**

"Silence never won rights. They are not handed down from above; they are forced by pressures from below"



\_Roger Nash Baldwin

In order to live with dignity certain basic rights and freedoms are necessary, which all human beings are entitled to, these basic rights and are called 'Human Rights'. On 10th December 2020,Human Rights Day, NSS SCTCE conducted an interactive session with Mr. Nemom Chandra Babu, an Advocate of High Court of Kerala from 3:30 pm to 5:30pm through the online platform Google meet on the theme 'Speak Up!' based on Human Rights and its policies in India .The session awared our volunteers that human rights demand recognition and respect for the inherent dignity to ensure that everyone is protected against abuses which undermine their dignity, and give the opportunities they need to realize their full potential, free from discrimination.

**Objective**: The session taught our volunteers that to deny people their rights equals challenging their humanity and no one can take away our rights from us.

### **ORIENTATION ON SANNADHASENA**

<b>Venue</b> Google meet	<b>Date:</b> 28/11/2020 <b>Time:</b> 7pm to 9 pm <b>Duration:</b> 2Hrs	No. of Participants	Type of Activity Community

#### **DETAILS**

"How wonderful it is that nobody need wait a single moment to improve the world"



\_Annie Frank

The potential of volunteers in emergency response was well understood by the past few experience of Kerala. On 28/11/2020, Volunteers of NSS SCTCE organized an 'Orientation on Sannadhasena' from 7pm to 9 pm through the online platform Google meet.Rahul Ramesh from College of Engineering, Adoor and Elizabeth K Parambil from Rajagiri School of Engineering,Kochi were the master trainers who handled the session.They discussed the history and importance of Sannadhasena during the session. The procedure for registering in Sannadhasena was also explained. During the program, the trainers shared their experiences while working as a part of Sannadhasena. Moreover, it was a good opportunity for our volunteers to share their experiences about their services to society and make others aware about the same.The session showcased how Volunteers are able to put the lessons learned in the classroom into practice and helped them understand the importance of social work.

**Objective**: The program made an awareness in our volunteers on the importance of social work which lies in its aim to confront social issues in all facets of life—from providing the one-on-one support of family welfare to shaping legislative policies that eradicate systemic injustices and to help others overcome their challenges.

### **PROJECT GANITHAM INDUCTION PROGRAMME**

Venue	Date: 12/12/2020	No: of Participants	Type of Activity
Google Meet	Time: 6 Pm to 8 Pm		Community
	<b>Duration</b> : 2 hrs.		

Details

"Teaching kids to count is fine, but teaching them what counts is the best."

\_Bob Tabler



NSS SCTCE with Insight for Innovation, brought, 'PROJECT GANITHAM 2.0', a program to improve the understanding of mathematical fundamentals for high school students. Students are made to revise the fundamental of mathematical like integer, decimals, algebra and fraction. On 12/12/2020 an Induction programme was conducted for students through the online platform Google meet from 6 pm to 8pm which shared information and basics about Project Ganitham 2.0 The programme was interesting and it helped the students to get the basics of maths in such a way that will never ever get bored again.

**Objective:** The programme helped the students to familiarise with basis of maths. Volunteers got an opportunity to develop their skill by sharing knowledge.

# **MY TREE CHALLENGE-PHASE 7**

Venue	<b>Date</b> : 05/12/2020	No. of Participants	Type of Activity
Home Activity	Time: 9am to 11am	L. L	Community
	Duration:2Hrs		

### **DETAILS**

"He who plants a tree, plants a hope"

\_Lucy Larcom



On behalf of world environmental day celebration, the volunteers of NSS SCTCE conducted 7th phase of 'My Tree Challenge' on 5th December 2020. This phase shows that the wholehearted volunteers continue their effort to create awareness and responsibility in a society with enormous enthusiasm. A snap of their effort was also taken and uploaded in social media to spread awareness among the people with a hope for better tomorrow.

**Objective**: Volunteers took care of the saplings they have planted and thus maintained a constant connection with our mother nature.

# **INSIGHT TRAINING-INTEGERS**

Venue	Date: 24/11/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	Duration: 2 hrs.		

## **DETAILS**

"Your best teacher is your last mistake"

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NSS SCTCE in association with INSIGHT conducted a training program for our volunteers on 24/11/2020 from 5pm to 7pm based on the topic "Integers" through the online platform Google meet. The session helped our volunteers to clear the doubts of the students regarding sign conversions and critical mistakes. This program taught our volunteers to understand the subject deeply and flexibly so that they can help students create useful cognitive maps, relate ideas to one another and address misconceptions.

Objective: To know the basic of integers and enhance teaching skills of volunteers.

<sup>-</sup>Ralph Nader

# AIDS –RESILIENCE & IMPACT

Venue	<b>Date:</b> 13/12/2020	No. of Participants	Type of Activity
Google meet	Time:2pm to 4pm		Orientation
	Duration: 2hrs		

#### **DETAILS**

"Dare to reach out your hand into the darkness, to pull another hand into the light"

\_Norman B Rice



1st of December each year marks World Aids Day; An opportunity for people worldwide to unite in the fight against HIV, and to remember over 35 million people who have died of HIV or AIDS. NSS SCTCE organized an Interactive awareness session on 13/12/2020 from 2pm to 4pm on the topic "Aids - Resilience & Impact" through the online platform Google meet. The session was handled by Dr. T.M. Ananda Kesavan (MD, MNAMS, FRCP(Edin), FIAP, FIAMS, PG DDN) - An Addl. Professor of Pediatrics, GMC Thrissur. The session made our volunteers aware that death toll makes AIDS one of the most destructive pandemics in history and living with HIV and doors most at risk have the right to be treated like any other individual in a stigma free seamless and easily accessible comprehensive health Care delivery system.

**Objective**: The program made our volunteers aware about HIV and to speak out against stigma prevailing so as to call a move towards ending the epidemic.

# **INSIGHT TRAINING-ALGEBRA**

Venue	<b>Date:</b> 27/11/2020	No. of Participants	Type of Activity
Google meet	Time: 5pm-7pm		Community
	<b>Duration:</b> 2 hrs.		

### **DETAILS**

"I am not a teacher, but an awakener"

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-Robert Frost

Teaching can be considered as a job for all jobs. NSS SCTCE organized PROJECT GANITHAM 2.0, a program to improve the understanding of mathematical fundamentals for high school students. As a part of this program, a training session was conducted for our volunteers on 27/11/2020 from 5pm to 7pm based on the topic "Algebra" through the online platform Google meet. Since the volunteers are the teachers they are able to clear the doubt easily. In this training session, they explained how to teach Algebra to the students, the way of presentation, audible range, questioning, repetition, recollecting and all the requirements for taking a class.

Objectives: Volunteers got acquainted to bond the relationship between students and teacher.

# **INSIGHT TRAINING-FRACTION**

Venue	<b>Date:</b> 08/12/2020	No. of Participants	Type of Activity
Google meet	Time: 7pm-9pm		Community
	<b>Duration:</b> 2 hrs.		

### **DETAILS**

"Kids sometimes not remember what you try to teach but they remember what you are"

-Jim Henson



NSS SCTCE conducted a training program combining with INSIGHT named PROJECT GANITHAM 2.0 for our volunteers on 08/12/2020 from 7pm to 9pm based on the topic "Fraction" through the online platform Google meet. In this session, the volunteers learned more about Fraction and how to take classes much easier and in an interesting ways, also they conveyed the idea to handle the students.

Objectives: To know the fundamentals of fraction and also this session helps the volunteers to improve their teaching skills.

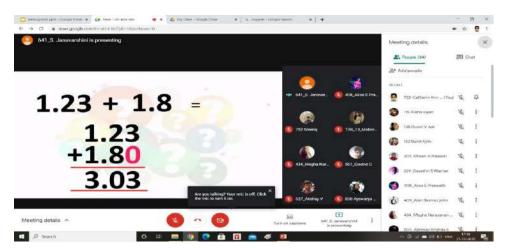
# **INSIGHT TRAINING-DECIMALS**

Venue	<b>Date:</b> 06/12/2020	No. of Participants	Type of Activity
Google meet	Time: 7pm-9pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"In learning you will teach, and in teaching you will learn."

-Phil Collins



As a part of the program PROJECT GANITHAM 2.0 for the students, NSS SCTCE conducted a training session for our volunteers on 06/12/2020 from 7pm to 9pm based on the topic "Decimal" through the online platform Google meets. The program trained our volunteers to clear about the topic and to easily convey the basic ideas regarding the topic. Moreover this program taught our volunteers to maintain the learner's quite interaction and their listening techniques.

Objectives: Volunteers got an opportunity to cement their knowledge and learned how it should be presented to the students.

## **QUIZ ON CONSTITUTION DAY**

Venue	<b>Date:</b> 26/11/2020	No. of Participants	Type of Activity
online	Time: 2pm to 4pm		Campus
	Duration:2hrs		

### **DETAILS**

"Constitution is not a mere lawyers document, it is a vehicle of Life, and it's spirit is always the spirit of Age"

\_B.R Ambedkar

The constitution declares India a sovereign, socialist, secular, democratic republic, assuring its citizens justice, equality and liberty, and endeavors to promote fraternity. On 26/11/2020, Constitution Day,NSS SCTCE organized an online quiz program from 2 pm to 4pm.There were 15 questions which should be answered in 10 minutes.Certificates were given to qualified participants.The program emphasized the value of our constitution and how it nurtures the aspirations of students, as it is a true living Constitution ,as much as it gives the widest possible amplitude for the realization of both individual liberties and desires and at the same time enforces the need for a collective growth and development

**Objective**: The quiz program created awareness amongst the students of SCTCE about the Constitution and its special features, particularly Fundamental Duties, as enshrined in the Constitution.

## PROJECT GANITHAM TRAINING

Venue	<b>Date:</b> 08/11/2020	No. of Participants	Type of Activity
Google meet	Time: 2pm-4pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"Alone we can do so little, together we can do so much"

-Helen Keller



NSS SCTCE conducted a training program named PROJECT GANITHAM on 8<sup>th</sup> November 2020 through the online platform Google meet. The program deals with coaching of 9<sup>th</sup> and 10<sup>th</sup> class students about basic mathematics. It was an interactive session. The program took our volunteers to a teaching aptitude. The head of the insight project explained the main importance of Project Ganitham. It was a good start up to spread the knowledge.

**Objectives**: The program also helped each volunteer to count themselves, to wider their knowledge.

## **PROJECT GANITHAM INTRODUCTION**

Venue	<b>Date:</b> 17/10/2020	No. of Participants	Type of Activity
Google meet	<b>Time:</b> 7:30pm- 9:30pm		Community
	Duration: 2 hrs.		

#### **DETAILS**

"An investment in knowledge pays the best interest"



On behalf of Insight project, NSS SCTCE conducted a session for giving an introduction and experience about PROJECT GANITHAM to the volunteers. The session was handled by ex-volunteer secretary Sanjay Krishnan on 17<sup>th</sup> November 2020 from 7:30pm to 9:30pm through online platform Google meet. He advised our volunteers how to make a session live and also how to handle the students. It was a great venture to explore and share knowledge.

**Objectives**: the session provided basic information about Insight project and Project Ganitham which is very essential for the upcoming Insight programs.

## **POSTER MAKING COPETITION**

Venue	<b>Date:</b> 31/10/2020	No. of Participants	Type of Activity
Google meet	Time: 11am-1pm		Campus
	<b>Duration:</b> 2 hrs.		

### **DETAILS**

"We are only as strong as we are united as weak as we are divided."

-J K Rowling



The volunteers of NSS SCTCE organised and celebrated National Unity Day. On behalf of this 'Poster Making Competition' was held on 31/10/2020 for the students of SCTCE. The programme helped our students to take out their creative heart and exhibit their skills. Aska S Praneeth (P3) have secured first prize. It was an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the potential threats to the unity, integrity and security of our country.

**Objective**: The programme was an opportunity for the students to exhibits their skills and creativity and it made a sense of unity among them.

# POST COVID KERALA:CHALLENGE AND CONTRIBUTION OF YOUTH

Venue	Date: 23/10/2020	No. of Participants	Type of Activity
Google meet	Time: 7pm-9pm		Orientation
	Duration: 2 hrs.		

### **DETAILS**

"When you feel like hope is gone, look inside you and are strong and you will see the truth that the hero lies in you"

#### -Mariah Carey



The COVID-19 crisis has affected societies and economies around the globe and will permanently reshape our world as it continues to unfold. While the fallout from the crisis is both amplifying familiar risks and creating new ones. The volunteers of NSS SCTCE organised an interactive session with Sri P B Nooh IAS, District collector, Pathanamthitta to contribute on the topic "Post Covid Kerala Challenges and Contributions of Youth" on 23/10/2020 from 7p.m to 9pm through the online platform Google meet. The aim of the programme was to make our volunteers face Challenges and make them capable to overcome those by finding appropriate solution.

Objective: Made our Volunteers capable to overcome hard situations and create new openings for managing systemic challenges, and ways to build back better.

# **ONLINE CLASS & PHYSICAL STRESS REMEDIES**

Venue	<b>Date:</b> 31/10/2020	No: of Participants	Type of Activity
Google Meet	<b>Time:</b> 10:00am-12:00pm		Orientation
	<b>Duration:</b> 2 Hrs		
L			

**Details** 

"Stress is a trash of modern life. We all generate it, but if you don't dispose it properly it will pile up and over take your life."



\_Danzae Pace

The entire world is facing consequences regarding covid-19. It also affected the education sector. Students are suffering both physical and mental stress through their online classes. NSS SCTCE conducted a session on "Online Class & Physical stress - Remedies" on 31st October from 10:00 am to 12 pm through the online platform Google meet. The session was handled by Mr. Ramesh Kumar, Yoga trainer & Yoga referee, Yoga Federation of India.

**Objective:** The session helped our volunteers to get rid of physical stress while online classes.

# **MY TREE CHALLENGE PHASE 6**

Venue	<b>Date:</b> 05/11/2020	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	Duration: 2 hrs.		

## **DETAILS**

"Until you dig a hole, you plant a tree, you water it and make it survive, and you haven't done a thing. You are just talking."

#### -Wangari Maathai



NSS SCTCE conducted 6<sup>th</sup> phase of MY TREE CHALLENGE on 5<sup>th</sup> November 2020, as a continuation of World Environment Day program. If we want to improve our quality of life we need to get our hands dirty and plant something. Putting trees in the ground doesn't just provide you with beauty and shade, it can also improve your property value, and clean the air and water even lower your heart rate. The volunteers of NSS SCTCE joined their hands to make our earth a better place and their efforts were posted on social media for spreading the thought on planting trees. The volunteers were working together for this new life, and continuous efforts are done to fulfil this dream.

Objectives: the programme created a caring attitude in volunteers towards the nature.

# **LET'S GROW'EM**

Venue	<b>Date</b> : 21/10/2020	No: of Participants	Type of Activity
Google Meet	<b>Time</b> : 7:30pm to 9:30pm		Orientation
	<b>Duration</b> : 2 hrs.		

**Details** 

"The love of gardening is a seed once sown that never dies."



\_Gertrude Jekyll

The world as we know it would be nothing without the plants and greenery that surrounds us. It's a passion to produce quality fresh products in our home for a sustainable future. NSS SCTCE organised an orientation programme LET'S GROW'EM, an initiative to promote Kitchen Gardening among us on 21/10/2020 from 7:30pm to 9:30pm through the online platform Google meet. The session was handled by Dr. S. Simi, Assistant Professor (Horticulture), Department of Vegetable Science, College of Agriculture, Vellayani. The aim of the programme was to promote our volunteers to choose something that will enhance their skills as well as a beautiful surrounding.

**Objective:** To create awareness about kitchen gardening and to improve skills for growing fresh and safe vegetables so as to maintain sustainability.

# **KITCHEN GARDEN PHASE-2**

Venue	<b>Date:</b> 13/11/2020	No. of Participants	Type of Activity
Home activity	<b>Time:</b> 9 am to 11 am		Community
	<b>Duration:</b> 2 hrs		

#### **DETAILS**

"To plant a garden is to believe in tomorrow"

\_Audrey Hepburn



Kitchen gardening is something all of us can do to make our cities greener. The volunteers of NSS SCTCE conducted the 2nd phase of Kitchen Garden program on 13/11/2020. The program helps to counter the food issue that now prevails in the country and to lead a sustainable life. Moreover, it gets our family a regular and convenient supply of healthy vegetables. The Kitchen Gardens production is rich in nutritional content. The activity brings a sense of inexplicable, positive connection to the growing things around us.

**Objective**: It promotes our volunteer's ability to use intuition and knowledge together create culinary and healing delights.

### **KITCHEN GARDEN**

Venue	Date: 28/10/2020	No. of Participants	Type of Activity
Home activity	Time: 9am-11am		Community
	Duration: 2 hrs.		

#### **DETAILS**

"The love of gardening is a seed once sown down that never dies"



-Gertrude Jekyll

NSS SCTCE conducted a KITCHEN GARDEN program as an initiative for volunteers to make their own vegetable garden in their home. A kitchen garden ensures an inexpensive, regular and handy supply of fresh vegetable which are basic to nutrition. As of now in the pandemic situation we all are strictly insisted to be in our home. So as to maintain social distance, health and as a hobby the volunteers planted vegetable saplings in their own house. Objective: The program promotes the volunteers to lead a self-sufficient and sustainable life.

# **KERALAPIRAVI CELEBRATION**

Venue	<b>Date:</b> 29/10/2020	No: of Participants	Type of Activity	<b>Date:</b> 01/11/2020	No: of Participants	Type of activity
Karakulam		_		Time:2pm to 4	_	_
	Time:		Community	pm		Campus
	12:30pm-		2	-		-
	02:30pm			<b>Duration:</b> 2 hrs.		
	<b>Duration:</b> 2 Hrs					
	Ver	nue				
	Google	e meet				

**Details** 



As Kerala turns 64 on Sunday (November 1) NSS SCTCE celebrated the occasion on the digital platform depicting the true love for Kerala and Malayalam. 'Kerala piravi' is the celebration of formation of Kerala state by the unification of Travancore, Cochin and Malabar in 1956. The volunteers of NSS SCTCE united to celebrate Kerala piravi on 01/11/2020. The volunteers were divided into 10 groups and preparations were started few days before the program. The volunteers presented different creative ideas on Kerala piravi as they are supposed to be at their home. Undoubtedly the celebration brought memories of rich culture and the vast heritage of Kerala to budding minds. It was indeed a visual treat for volunteers. The best videos were also posted in the YouTube channel of NSS SCTCE.

Objectives: The program gave an opportunity to our volunteers to exhibit their different skills and creative ideas on ritual cultures of Kerala.

# FOOD KIT DISTRIBUTION

Venue	<b>Date:</b> 7/11/2020	No: of Participants	Type Of Activity
Google Meet	<b>Time:</b> 06:30pm-8:30pm		Community
	Duration: 2 Hrs		

## **DETAILS**

"We make living by what we get, we make life by what we give."

\_\_\_Sir Winston Churchill



In the context of covid-19, free food kits were distributed to 50 deserving families in Karakulam Panchayath, Trivandrum by National Service Scheme volunteers of Sree Chithra Thirunal College of Engineering in the presence of Panchayath member Smt. Vasanthakumari on 29<sup>th</sup> October. The kits were distributed with an aim to help the families facing financial vulnerability followed by the corona. The NSS volunteers were able to work beyond Covid fear and adverse weather. At the end of event, they thank all the participants for their generous support and contribution.

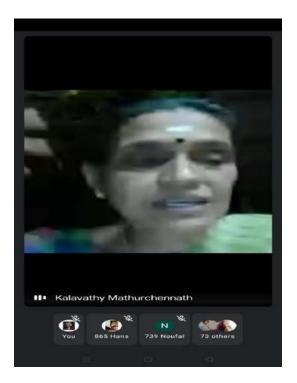
**Objective**: The initiative was very helpful for the families and it made a sense of sharing in our volunteers to help others.

### **CANCER AWARENESS**

## **DETAILS**

"To fear is one thing. To let fear grab you by the tail and swing you around is another."

\_Katherine Paterson



Cancer is a non-communicable disease. It is the second largest cause of death in the country. On 07/11/2020, National Cancer Awareness Day, the volunteers of NSS SCTCE organised an interactive session with Dr. K. Kalavathi based on the topic 'Let's Beat Cancer' from 6:30pm to 8:30pm through the online platform Google meet. The aim of the programme was to aware our volunteers that 'don't let pain define you, let it refine you!'

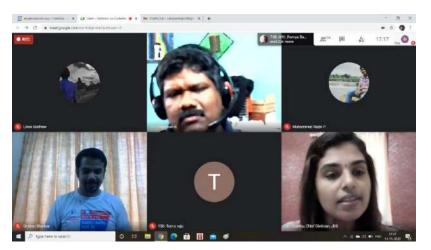
**Objective**: Create cancer awareness among volunteers and remove the stigma and fear attached with it.

# **Diabetics in Youth-Awareness Programme**

Date: 28/10/2020	No: of Participants	Type of Activity
et <b>Time: 0</b> 4300pmt=06:80pm		Community
<b>Duration:</b> 2 Hrs		
D	ouration: 2 Hrs	<b>Puration:</b> 2 Hrs

# **DETAILS**

"An ounce of prevention is worth a pound of cure"



\_Henry De Bracton

Diabetes can hijack our day at any point! Despite meticulous planning, diabetes like to throw a curve ball when you least expect it. On 14/11/2020, World Diabetes day, NSS SCTCE in Association with APJ Abdul Kalam Technological University NSS Cell & Indian Medical Association, Nemom conducted an awareness session on the topic 'Diabetes in Youth' from 4:30pm to 6:30pm through the online platform Google meet by Dr. Arun Shankar, Medical Director, Chief Diabetologist of Jothydev's Diabetes Research Centre in Trivandrum. Through the programme, students became more aware about diabetes and how to stop it by treating it properly and following a healthy lifestyle.

**Objective**: The session made an awareness in students about causing diabetes in young ages and to take measures against the same.

## **DISINFECTION BOX INSTALLATION**

# **DETAILS**

"At the end of the day, the goals are simple, safety and security."

\_Joddi Rell



Kerala had and has been approaching COVID-19 in a very scientific approach with, at present, a declined fatality rate of 1.84%. The profile of main contributing states has also changed. But this doesn't mean that we are totally safe from the upcoming pandemic. You still need to take precautions and obey the guidelines of WHO. On behalf of NSS SCTCE (Unit no. 225 and 527), the "Disinfection Box" project was held initiative by Mr. Rejimon R (Programme officer) and three volunteers – Akshay P(P5), Adarsh(U3) and Arjun S B(P3) on 28<sup>th</sup> October. This box is designed to allow anyone to quickly make disinfectant solution which are effective against contagious viral diseases. Inside this box, it contains – UVC Light and aluminium foil to transmit light source to different paths. It gives us immense pride and pleasure to take such a small step in this contribution.

**Objectives**: volunteers got an opportunity to become active members of their community and has a lasting, positive impact on society at large service to those who need it most

# VIGILANCE AWARENESS

Venue	<b>Date:</b> 02/11/2020	No: of Participants	Type of Activity
Google Meet	<b>Time:</b> 04:00pm-06:00pm		Community
	Duration: 2 Hrs		

## DETAILS

"Corruption is a true enemy to development."



\_Tsakhiagiin Elbegderj

Corruption has been a major obstacle to economic, political and social progress of our country. NSS SCTCE conducted a session on 'Vigilance Awareness' on 02/11/2020 from 4pm to 6pm through the online platform Google meet. The session was handled by Mr. V. Syam Kumar, Deputy Superintendent of Police, Vigilance and Anti-Corruption Bureau, Special Investigation Unit 1, Thiruvananthapuram. The aim of the programme was to sensitise our selfies towards a good governance by eradicating corruption.

**Objective**: The session made an awareness in volunteers that every citizen should be vigilant and be committed to highest standards of honesty and integrity at all times and should fight against corruption.

# **SARVODHAYA-PART 3**

Venue	Date:27/09/2020	No: of Participants	Type of activity
Google meet	Time:2pm to 5pm		Community
	Duration: 3 hrs.		

#### **Details**

"The future of India lies in its village"

#### -Mahatma Gandhi



Geographical application of new technologies is still limited in rural areas; many farmers remain unaware of these advances. Insufficient connectivity in rural areas along with a lack of basic computer knowledge and literacy hinder development. Substantial investment is needed in physical infrastructure, power, broadband, transportation and education, particularly in rural regions and among the poorest populations in order to truly reap the benefits of the fourth industrial revolution. NSS SCTCE in association with APJ Abdul Kalam Technological University NSS Cell conducted an online presentation competition "Sarvodaya" based on theme 'How Rural Development can be achieved during modern times using the principles of Gandhi'. The Program had three sessions and the third session was conducted on 27/09/2020 from 2pm to 5 pm. A team of maximum 3 members were allowed to participate from a college and 10 to 15 minutes were given for each presentation. Rural areas have been deprived by the cities in the past. Development resources and energy should be directed where the people live.

# SARVODHAYA PRIZE DISTRIBUTION

Date:02/10/2020	No: of Participants	Type of activity
Time:5:30pm to 6pm		Community
<b>Duration:</b> 30 minutes.		
	Time:5:30pm to 6pm	Time: 5:30pm to 6pm

#### **Details**

"Your positive action combined with positive thinking results in success."



-Shiv Khera

As a continuation of the online presentation competition 'Sarvodaya' on the theme 'How rural development can be achieved during modern times using the principles of Gandhi', NSS SCTCE conducted the price distribution ceremony of the program on 02/10/2020 from 5:30 pm to 6pm through the online platform Google meet. The winner announcement was done by Prof.Dr.K.Prabhakaran Nair (The principal, SCTCE). Anagha Anil and Teresa Satheesh (Baselius college, Kottayam) secured first price. Donal D, Navaneetha J and Karthik S Menon (Government Engineering College, Trissur) secured Second price. E-certificate were provided to all the participants and cash prize to the winners.

## **CLEAN YOUR PREMISES DRIVE**

Venue	<b>Date</b> : 02/10/2020	No: of Participants	Type of Activity
House Activity	Time: 9am to 11am		Community
	Duration: 2hrs.		

#### **Details**

"When your environment is clean, you feel happy, motivated and healthy"

- Lailah Gifty Akita



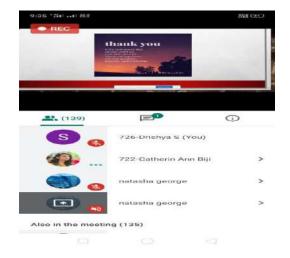
As a part of Gandhi Jayanthi celebration, NSS SCTCE organized a 'Clean Your Premises Drive', cleaning in and around the houses eradicating plastic wastes. This programme was in a line with the vision of NSS SCTCE of a greener and cleaner country (Swachh Bharath). Maintaining cleanliness is the essential part of healthy living because it is the cleanliness only which helps to improve our personality by keeping clean externally and internally. It was a good opportunity for our volunteers to be a responsible member of the society by keeping themselves and their surroundings clean and hygienic.

# SARVODHAYA-PART 2

Venue	Date:26/09/2020	No: of Participants	Type of activity
Google meet	Time:3pm to 6pm		Community
	Duration: 3 hrs.		

#### **Details**

"The future of India lies in its village"



-Mahatma Gandhi

Geographical application of new technologies is still limited in rural areas; many farmers remain unaware of these advances. Insufficient connectivity in rural areas along with a lack of basic computer knowledge and literacy hinder development. Substantial investment is needed in physical infrastructure, power, broadband, transportation and education, particularly in rural regions and among the poorest populations in order to truly reap the benefits of the fourth industrial revolution. NSS SCTCE in association with APJ Abdul Kalam Technological University NSS Cell conducted an online presentation competition "Sarvodaya" based on theme 'How Rural Development can be achieved during modern times using the principles of Gandhi'. The Program had three sessions and the second session was conducted on 26/09/2020 from 3pm to 6 pm. A team of maximum 3 members were allowed to participate from a college and 10 to 15 minutes were given for each presentation. Rural areas have been deprived by the cities in the past. Development resources and energy should be directed where the people live.

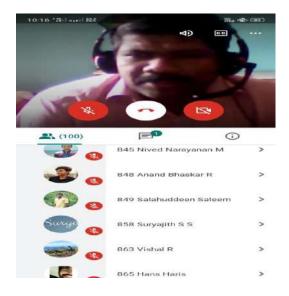
## **ORIENTATION FOR SECONDYEARS**

Venue	Date:19/09/2020	No: of Participants	Type of Activity
Google Meet	Time: 10am to12pm		Orientation
	<b>Duration:</b> 2 hrs.		

#### **Details**

"Communication leads to community, that is, to understanding, intimacy and mutual valuing."

-Joe Gebbia



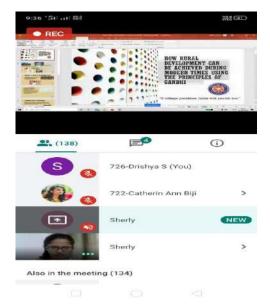
NSS SCTCE organised an orientation programme for second year students on 19/09/2020 from 10 am 12pm through the online platform Google meet. The aim of the programme was to conduct an effective interaction between programme officers and volunteers. The orientation programme gave basic knowledge about NSS which is not so familiar with NSS volunteers. Discussions were conducted regarding all sorts of programmes and orientation classes that could be arranged during the successive days. The volunteers presented various ideas regarding programmes to be conducted.

# SARVODHAYA-PART 1

Venue	Date:26/09/2020	No: of Participants	Type of activity
Google meet	Time:9am to 12pm		Community
	Duration: 3 hrs.		

#### **Details**

"The future of India lies in its village"



#### -Mahatma Gandhi

Geographical application of new technologies is still limited in rural areas; many farmers remain unaware of these advances. Insufficient connectivity in rural areas along with a lack of basic computer knowledge and literacy hinder development. Substantial investment is needed in physical infrastructure, power, broadband, transportation and education, particularly in rural regions and among the poorest populations in order to truly reap the benefits of the fourth industrial revolution. NSS SCTCE in association with APJ Abdul Kalam Technological University NSS Cell conducted an online presentation competition "Sarvodaya" based on theme 'How Rural Development can be achieved during modern times using the principles of Gandhi'. The Program had three sessions and the first session was conducted on 26/09/2020 from 9am to 12 pm. A team of maximum 3 members were allowed to participate from a college and 10 to 15 minutes were given for each presentation. Rural areas have been deprived by the cities in the past. Development resources and energy should be directed where the people live.

# **OZONE DAY QUIZ**

Venue	<b>Date:</b> 16/09/2020	No: of Participants	Type of Activity
Online	Time:		Campus
	Duration: 1hr.		
Details			

\_\_\_\_\_

"The earth is what we all have in common"

-Wendell Berry

The hole in the ozone layer is a kind of skywriting. At first it seemed to spell out our continuing complacency before a witch's brew of deadly perils. But perhaps it really tells of a newfound talent to work together to protect the global environment. On behalf of International Day for the Preservation of Ozone Layer. NSS SCTCE conducted an online Quiz Program on 16/09/2020. When technology act as a facilitator by bringing innovation to quizzes and ensuring active participation among volunteers, It helped them to gain knowledge, seek opportunities to excel beyond academics and secure their future.

## **MY TREE CHALLENGE-PHASE 5**

Venue	<b>Date:</b> 05/10/2020	No. of Participants	Type of Activity
Home activity	Time: 9am to 11am		Community
	Duration: 2 hrs.		

#### **DETAILS**

"When we heal the earth, we heal ourselves."

-David Orr



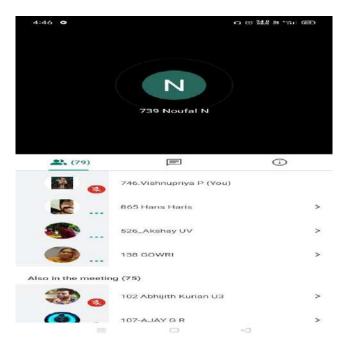
NSS SCTCE conducted a program 'My Tree Challenge' on 5<sup>th</sup> October 2020 as a continuation of World Environment Day programs. The program was conducted to create awareness among people. Mother Nature too needs care and protection; show her your care by caring for her trees. The NSS volunteers joined their hands to make Earth greener and their works were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth.

### **GAME SESSION**

<b>Venue</b> Google Meet	Date:11/09/2020 Time:4pm to 6pm Duration: 2 hrs.	No: of Participants	<b>Type of Activity</b> Campus
	-		

**Details** 

Doing the best at this moment puts you in the best place for the next moment.



-Oprah Winfrey

The volunteers of NSS SCTCE organised an Interactive Online Game Session on 11/10/2020 from 4 pm to 6 pm through the online platform Google meet. Volunteers were divided to 10 groups and different games were conducted in which they were able to develop a bond with each other. The program was very interesting and it helped our volunteers to improve their communicative skills and creativity. Experiences shared were a great way to collaborate and learn from each other to build confidence. It was a new experience for our volunteers who made a way for the volunteers to re-join and spend time among them virtually.

Venue	<b>Date:</b> 24/09/2020	No: of Participants	Type of Activity
Google Meet	<b>Time:</b> 7:30pm to 9pm		Community
	Duration:		

### **AVENEUS OF NSS**

#### **Details**

"I think everyone has the potential to be creative, but they have to find the avenue or avenues that work for them."



- Julian Lennon

NSS SCTCE unit number 225 and 527 in association with APJ Abdul Kalam Technical University NSS cell have successfully organized an online state level orientation session 'Avenues of NSS 'on 24/09/ 2020, NSS Day through the online platform Google meet. The session was managed by G.P. Sajith Babu, (Assistant Program Advisor and Regional Director, NSS Kerala and Lakshadweep) and around 200 participants were present. The program began at 7:30 p.m. with the heartfelt rendition of NSS song followed by the welcome address from prof. Rejimoan.R ( NSS program officer NSS SCTCE unit 225).Presidential address was given by Dr.Joy Varghese V M(program coordinator APJAKTU NSS Cell). The introductory speech was delivered by prof. Neethi S Pillai(NSS Program Officer, NSS College of Engineering Palakkad and convener of KTU blood cell) and Mrs. Baby P(People Relation Officer Terumo phenol limited). The Erythro 3.0, an initiative taken by APJAKTU NSS blood cell and NSS CET in association with Terumo phenol Ltd was inaugurated by prof. Sajith Babu midst the event. Along with the same, the much-awaited e-magazine of NSS SCTCE was also launched. The magazine launch was indeed a very successful event. The constant handwork and perseverance of the NSS members led to the successful launch of the magazine which holds the key to the beautiful camp memories and articles. Felicitation address was given by Arun.M(Regional coordinator Thiruvananthapuram Region APJAKTU NSS cell) and Prof. Subha. V (NSS Program Officer SCTCE unit 527) delivered the vote of thanks.

## FOOD SAFETY SURVEY-DAY 1

Venue Thampanoor	Date:16/09/2020	No: of Participants	Type of activity
munipunoor	Time:10am to 4pm		Community
	<b>Duration:</b> 6 hrs.		

#### **Details**

"For safety is not a gadget but a state of mind."



Eleanor Everet

The volunteers of NSS SCTCE participated in a survey and the awareness programme conducted by Food Safety commissioner for retailers with in the limit of Trivandrum Corporation on 16/09/2020 from 10 am to 4pm at Thampanoor. Volunteers went to different shops (that sells food products) and restaurants and took a survey regarding their food safety license and registration. Those who don't have it or those who don't renewed their existing license were advised to get new one or renew the existing one helped them to get the same there by follow rules that leads to a safe society.

# FOOD SAFETY SURVEY-DAY 2

<b>Venue</b> Nalanchira	Date:17/09/2020	No: of Participants	Type of activity
1 variation in a	Time:10am to 4pm		Community
	<b>Duration:</b> 6 hrs.		

#### **Details**

"For safety is not a gadget but a state of mind."

– Eleanor Everet



The volunteers of NSS SCTCE participated in a survey and the awareness programme conducted by Food Safety commissioner for retailers with in the limit of Trivandrum Corporation on 17/09/2020 from 10 am to 4pm at Nalanchira. Volunteers went to different shops (that sells food products) and restaurants and took a survey regarding their food safety license and registration. Those who don't have it or those who don't renew their existing license were advised to get new one or renew the existing one helped them to get the same there by follow rules that leads to a safe society.

## THOOLIKHA VIPLAVAM

Venue	Date: 08/09/2020	No: of Participants	Type of Activity
Online	<b>Time</b> :10:00am- 12:00pm		Community
	<b>Duration:</b> 2 hrs		

**Details** 

"Poetry is a matter of life, not just a matter of language"

-Lucille Clifton



Poetry, if we let it and embrace it, can offer us a way to empathize with one another. In its immediacy, poetry is a counsellor helping us to understand one another. Malayalam is rich in poets who made pen warriors. On 08/09/2020, International Literacy Day NSS SCTCE conducted an online poem writing competition 'Thoolika Viplavam' which consist of four-line poems. Certificates were given to best poems. It was a different way for our volunteers to articulate their thoughts and feelings as it helps to understand and appreciate the world around us. In essence, poetry gives them a great tool for developing one's self. It became a way for volunteers to process experiences, visual descriptions, and emotions.

## **DRAWING COMPETITION: SLAVE TRADE ABOLITION**

Venue	Date:23/08/2020	No: of Participants	Type of Activity
Online	Time:		Community
	<b>Duration:</b> 2 hrs		
Details			

"You may choose to look the other way, but you can never say again that you did not know"

\_William Wilberforce



NSS SCTCE organised a drawing competition on 23/08 /2020 based on the theme 'Slave Trade Abolition'. The competition was conducted for the students of SCTCE in which certificates were given to all participants. The programme helped our students to take out their creative heart and exhibit their skills. It also helped the participants to express their opinions about the socio-economic problems prevailing in the world. Their thoughts regarding the theme took the form of drawings and came out of their mind which can lead to the indeed changes needed for a society

## **MY TREE CHALLENGE: PHASE 4**

Venue	Date: 05/09/2020	No: of Participants	Type of Activity
Home Activity	<b>Time:</b> 09:00am- 11:00am		Community
	<b>Duration:</b> 2 hrs.	Deteile	

<u>Details</u>

"What we are doing to the forest of the world is but a mirror reflection of what we are doing to ourselves and to one another"

\_Mahatma Ghandhi



As a continuation of World Environmental Day celebration, the volunteers of NSS SCTCE conducted 4th phase of My Tree Challenge on 05/09/2020. This phase itself is a symbol showing the keen interest of our volunteers to maintain a connection with our nature and to protect it. The volunteers took a snap of their plant and uploaded in social media as a proof to what they have done in past few months to protect nature and to make aware others to be a part of the same.

## WEBINAR ON ROAD SAFETY

Venue	<b>Date:</b> 09/09/2020	No: of Participants	Type of Activity		
Google meet	Time: 6pm to 8pm		Orientation		
	Duration: 2 hrs.				
L					

#### **Details**

"A hero is someone who understands the responsibility that comes with his freedom."



No need to be panic, At the same time, no need to be over confident also. On 09/09/2020, NSS SCTCE conducted a Interactive Webinar on the topic 'Road Safety' and the session was handled by Anoopsai T (Trainer at Honda Safety Driving Education Centre, Calicut) from 6pm to 8pm through the online platform Google meet. The session was very informative and interesting as it delivered many messages that must be known to a driver and helped our volunteer to know the value of obeying rules and regulation designed for the safety of people during driving. Certificate were provided to all the volunteers participated in the webinar. It taught our volunteers that safety while driving can be achieved through adherence to a variety of general guidelines as well as the practice of specific driving techniques.

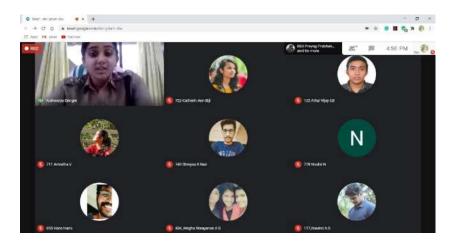
\_Bob Dylan

# WOMEN'S EQUALITY DAY PROGRAM

Venue	<b>Date:</b> 26/08/2020	No: of Participants	Type of activity
Google Meet	<b>Time:</b> 4:30 to 6:30		Orientation
	Duration: 2 hrs		

#### **Details**

"We cannot change what we are not aware of and once we are aware, we cannot help but change"



- Sheryl Sandberg

Gender Equality basically begins in the mind. It is an individual's perception of treating another person at par with himself/herself. It does not happen in one day–it's more of a practice that you do every day.On 26th August, Women Equality Day, NSS SCTCE organised an interactive session on 'Are Women Treated Equally In Modern Era?' presented by Aishwarya Dongre IPS, ACP of Shangumugham (She have written a number of research papers on various fronts and is an established Bharatanatyam Dancer).The messages that she has given to volunteers was very inspirative and helped them to get out of their comfort zone. It was an informative and very interesting session.

## **COVID-19 AND MENTAL HEALTH**

Venue	Date:21/08/2020	No: of Participants	Type of Activity
	Time:7:pm to 9pm		
Google Meet	Duration:2 hrs.		Orientation

"I think you have to try and fail, because failure gets you closer to what you are good at."



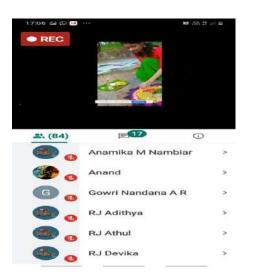
The Covid-19 pandemic and public health response to it have undoubtedly contributed to the widespread of emotional distress and increased risk for psychiatric illness. Regarding this, volunteers of NSS SCTCE organised an orientation programme on the topic 'Covid-19 and Mental health' on 21/08 /2020 from 7 pm to 9 pm through the online platform Google meet and the session was presented by Vishnu V (Psychologist ,BSC psychology ,MSC applied psychology ,Mission officer ,suicide prevention psychology circle).The session helped our volunteers to set out measures for healthcare and put in place to protect the mental health as psychological crisis intervention plays a pivotal role in overall deployment of the disease control.

### **KIDUKKIKKONAM: ONAM CELEBRATION**

Venue	<b>Date:</b> 02/09/2020	No: of Participants	Type of Activity
Google Meet	Time: 3 to 5pm		Campus
	<b>Duration:</b> 2 hrs.		
L			

**Details** 

"Sometimes you will never know the true value of a moment until it becomes a memory".



-Dr.Suess

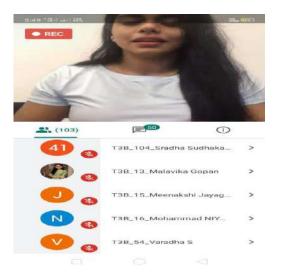
The day of Thiruvonam fills the minds of the Keralites with the greenness of love and the fragrance of brotherhood. But the Corona pandemic has completely changed the Onam celebrations in Kerala. The volunteers of NSS SCTCE united with the hope of better days of prosperity and happiness on 02/09/2020 from 3 pm to 5 pm to celebrate their Onam 'Kidukkikonam' with the NSS family through the online platform Google meet. The preparation for the programme has begun a few days before in which volunteers were divided into 10 groups. The programme consists of different artforms and each was unique in their own ways. The programme was a new experience to our volunteers in which they were able to develop and exhibit their creative skills. It also helped our volunteers to step out of their comfort zone and to build courage.

## **CHOOSE LIFE: MOTIVATIONAL INTERACTIVE SESSION**

Venue	<b>Date:</b> 13/09/2020	No: of Participants	Type of Activity
Google Meet	<b>Time:</b> 5:30 pm to 7:30 pm		Orientation
	Duration: 2hrs.		

"Soak up the views. Take in the bad weather and the good weather. You are not the storm."

\_Matt Haig



NSS SCTCE organised a motivative interactive session 'Choose Life' by Sreya Iyer (Actor, anchor and a fitness enthusiast who struggled and surged ahead in search of success in her life) on 13/09/2020 from 5:30pm to 7:30pm through the online platform Google meet as a part of suicide prevention week. The session helped our volunteers, realise that no one else is going to push you in your life to succeed and great things never come from comfort zones. It was a motivative and an inspirational session as it showcased that taking your own life is never the right solution to any challenge you may be facing. Give yourself time for the circumstances to change and for the pain to subside.

## **SNEHAPOORVAM**

Venue	<b>Date:</b> 05/09/2020	No. of Participants	Type of Activity
Google meet	Time: 3pm-5pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"It is the supreme art of the teacher to awaken joy in creative expression and knowledge"

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Albert Einstein

As a wish of joy and happiness to our beloved teachers, the volunteers of NSS SCTCE organized an interactive session 'Snehapoorvam' with our teachers on 05/09/2020 Teachers Day at 3pm through online platform Google meet. The session was very interesting and inspirative in which teachers shared their experience during their teaching life and showed us that it takes more than an education to make a great teacher. It takes care, dedication and determination to what you believe in. the influence of teacher extends beyond classroom, well into future.

## **YOGA DAY ORIENTATION**

Venue	<b>Date:</b> 21/06/2020	No. of Participants	Type of Activity
Google meet	Time:		Campus
	<b>Duration:</b> 2 hrs.		

#### **DETAILS**

"Move your joints every day. You have to find your own tricks. Burry your mind deep in your heart, and watch the body move by itself."

-Sri Dharma Mitra



Yoga has the power to calm and strengthen the body. On 21<sup>st</sup> June 2020, International Yoga day NSS SCTCE conducted an orientation programme from 6am to 7am presented by our programme officer Rejimon R through an online platform Google meet. As a continuation of this yoga session was also carried out by NSS volunteers and did it with complete dedication at their homes. So that we can build strength, awareness and harmony in both the mind and body. Hence stay healthy.

## **TV DONATION:3**

Venue	<b>Date:</b> 03/07/2020 <b>Time:</b> 12pm	No: of participants	Type of Activity
Pettah	<b>Duration:</b> 2 hours		Community

#### **Details**

"The roots of education are bitter but the fruit is sweet"



-Aristotle

The global pandemic covid-19 has changed the education system of our State completely and the classrooms are substituted by online platforms.

On 03/07/2020 NSS SCTCE in association with CultAway and Infosys espoused students to facilitate them for online class access. The NSS volunteers handed over television to one of the deserving students of Govt. Girls Highschool, Pettah in the presence of Pettah Ward Councillor and School Headmistress. This helps the student to acquire knowledge and change it to do something better for the world.

## **TV DONATION:2**

	Venue	<b>Date:</b> 30/06/2020 <b>Time:</b> 3 pm	No: of participants	Type of Activity
]	Nedumangadu	<b>Duration:</b> 2 hours		Community

#### **Details**

"Education is not filling a pail but the lightening of a fire"

-William Butler Yeats



The global pandemic coronavirus has shocked our country and its educational system. This have compelled the system to go for online classes to fulfil our goal of imparting knowledge to students .The volunteers of NSS SCT in support from the ex- volunteers of in NSS family provided sufficient facilities for the students who are facing difficulties in attending online classes .Our former volunteer secretary Sanjay Krishnan handed over the present to the deserved students .The program Enlighted our volunteers to develop their personality and help others in their difficult situation

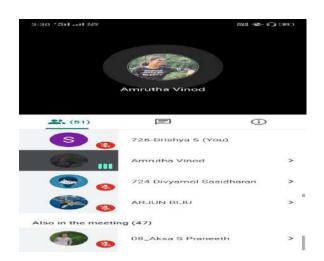
# **DEBATE-PAPER BAG DAY**

Venue	<b>Date:</b> 12/07/2020	No. of Participants	Type of Activity
Google meet	Time: 3pm-5pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"Use papers instead of plastic. With them World is like a diamond which shines everywhere"

-Tom Robbins



The NSS SCTCE conducted a Debate competition on the topic "IS PAPER BAG AN APPROPRIATE SOLUTION?" On 12/07/2020 at 3pm as a part of World Paper Bag day, through the online platform Google meet from 3pm-5pm. Through this debate students understand whether paper bag is the ultimate solution and they understands the advantages and disadvantages of paper bag. The aim of the program was too aware the volunteers to go green with paper bags and to stop bagging the planet, say no to the plastic bag. Certificates were provided to the participated students.

## **TV DONATION :1**

Venue	<b>Date:</b> 12/06/2020 <b>Time:</b> 12 pm	No: of participants	Type of Activity
Pappanamcode	<b>Duration:</b> 2 hours		Community

#### **Details**

"Education is the key to unlocking the world, a passport to freedom."

-Oprah Winfrey



The global pandemic COVID -19 has taken a massive hit on the educational system of the state. In this situation the only way to take students forward in their education is online classes. Regarding this NSS SCTCE espoused Government high school Pappanamcode to ensure that none of the students lack the facilities for online classes. The NSS volunteers of SCTCE contacted the officials of the school and found out that one of the students lacked online class facilities and donated a television. So that the provided facilities will ensure the student the knowledge he/she want to acquire and change it to do something better for the world.

## **STEM CELL DONATION**

Venue	Date: 21/06/2020	No. of Participants	Type of Activity
Google meet	Time: 4pm-6pm		Orientation
	Duration: 2 hrs.		

#### **DETAILS**

"In the beginning there is the stem cell; it is the origin of an organisms life"

-Stewart sell



NSS SCTCE organized an awareness programme on "Stem Cell Donation" presented by Chinma Madhusoodhanan (Senior Associate at DKMS BMST foundation India) on 21/06/2020 Sunday at 4pm through the online platform Google meet. Through this programme students become more aware about stem cell donation and made them responsible one to respect and save others life.

## **MY TREE CHALLENGE**

Venue Home activity (lockdown period)	<b>Date:</b> 05/06/2020 <b>Time:</b> <b>Duration:</b> 2 hrs.	No: of participants	Type of Activity: Community

#### **DETAILS**

"To walk in nature is to witness a thousand miracles"

-Mary Davis



On 05/06/2020, NSS SCTCE conducted 'My Tree Challenge' as a continuation environmental day program. The volunteers of NSS SCTCE planted a sapling, took a snap of the plant which they have planted and uploaded it in the social media and maintained it. This program ensures a contact between volunteers and nature and it also helps the volunteers to be in a healthier and happier state. This program also focuses on making us aware about that 'just planting a tree is not sufficient, but maintaining it is very important and the time spend on a tree is never wasted'.

## **ONLINE QUIZ PROGRAM**

Venue	Date: Time:	No: of Participants	Type of Activity
Online	Duration:		Campus

#### **Details**

"No matter how hopeless the situation seems, it is never too late to turn things."

-Jadah seltner

On 26<sup>th</sup> June, International Day against Drug Abuse and Illicit Trafficking, NSS SCTCE conducted a quiz program from based on the theme 'Better knowledge for better care' which emphasizes the need to improve understanding about the world wide problems due to drug abuse as this drug abuse is one of the most serious challenges being faced by contemporary society. The tentacles of drug abuse began to spread so alarmingly that it is causing serious issues to International community.

# **OCCULT**

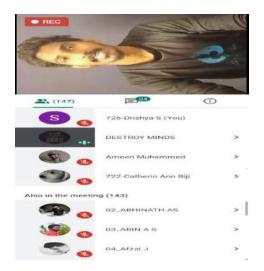
Venue	<b>Date:</b> 15/07/2020	No. of Participants	Type of Activity
Google meet	Time: 7pm-9pm		Campus
	<b>Duration:</b> 2 hrs.		

#### **DETAILS**

#### Abracadabra

"It's still magic even if you know how it is done"

-Terry Pratchett



Magic is an exciting experience. NSS SCTCE conducted an Interactive magic session, OCCULT presented by Akash Ashokan (Interactive Illusionist) on 15/07/2020 at 7pm through online platform Google meet. It was an overwhelming experience with the pure magic. Magic session increased the curiosity among the students and all were interested to find the secrets behinds the magic, which still remains as mischievous.

## **MY TREE CHALLENGE-PHASE 2**

Venue	<b>Date:</b> 05/07/2020	No. of Participants	Type of Activity
Home activity	Time:		Community
	<b>Duration:</b> 2 hrs.		

#### **DETAILS**

"The creation of a thousand forests is in one action"

-Ralph Waldo Emerson



NSS SCTCE conducted 'My Tree Challenge' programme on 5<sup>th</sup> July 2020. This programme was organised to make awareness among people about a simple thought that is 'One Tree planted is built on the principle of "Sustainability made Simple". The NSS volunteers joined their hands to make earth a better living place. The beautiful pictures of our work have been posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our home 'Earth'. This programme aimed to recall the need of the hour- Plant tree, Save Earth.

### **ENVIRONMENTAL DAY PROGRAMME**

Venue	<b>Date:</b> 05/06/2020	No. of Participants	Type of Activity
SCTCE	<b>Time:</b> 9:30am to 12:30pm		Campus
	<b>Duration:</b> 3 hrs		

#### **DETAILS**

"Earth provides enough to satisfy every man's needs, but not every man's greed."

-Mahatma Gandhi



On 05/06/2020 the volunteers of NSS SCTCE planted 20 saplings in the college premises as a part of world environmental day celebrations which aims at the theme "Time for nature" with a focus on its role in providing the essential infrastructure that supports life on earth and human development. The program was conducted from 9:30 am to 12:30 pm. The program was inaugurated by our principal Dr. K.Prabhakaran Nair and the program officers Rejimoan.R and Subha V. They shared their messages on the importance of protecting the Nature. In addition to this NSS SCTCE organized "My Tree Challenge" in which the volunteers plant a tree, take a snap and upload it in the social media on 5<sup>th</sup> of every month and thereby ensures the protection of the sapling they have planted.

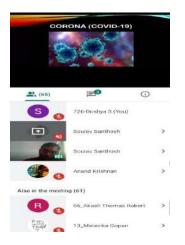
# FLOOD IN CORONA SHIELD

Venue	<b>Date:</b> 09/07/2020	No. of Participants	Type of Activity
Google meet	Time:3pm-5pm		Orientation
	<b>Duration:</b> 2 hrs.		

#### **DETAILS**

"The situation is not critical if you don't think it is"

-Shiryale



NSS SCTCE conducted an interactive and informative session on the topic "Flood in Corona Shield 2020". The session was handled by Sourav Santhosh, Secretary of Emergency Rapid response Team on 09/07/2020 from 3pm to 5pm through the online platform Google meet. The session was motivating and gave strength to face any crucial situation which can be easily overcome by unity. In the pandemic situation, be safe and dare fear.

# KARGIL VIJAY DIVAS: DRAWING COMPETITION

<b>Venue</b> Online	Date:26/06/2020 Time: Duration:2 hrs.	No: of Participants	<b>Type of Activity</b> Campus
Details			

"How you draw is a reflection of how you feel about the world, you are not capturing it, you are interpreting it"

\_Juliette Aristotle



NSS SCTCE organised and online drawing competition on 26/07/2020 emphasising the theme 'Kargil war- Real heroes' for the students of SCTCE as a dedication to all the brave soldiers of Indian Armed Forces who laid down their lives fighting for our nation. Certificates were provided to every qualified entry. The winners of the competition are Athul Vijay (First year Automobile Engineering) securing first Price and Parvathy P (First Year Biotechnology and biochemical engineering) securing Second price.

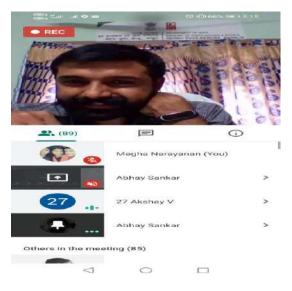
## YOUTH DAY ORIENTATION PROGRAM

Venue	Date:12/08/2020	No: of Participants	Type of Activity
Google Meet	Time:5pm to 7pm		Orientation
	Duration: 2 hrs.		

#### **Details**

"We are what our thoughts have made us; so, take care about what you think. Words are secondary. Thoughts live; they travel far...."

-Swami Vivekananda



On 12<sup>th</sup> August 2020; International Youth Day, NSS SCTCE organised a session on the topic Why Should We Believe in Youth presented by Abhay Sankar S R (who was a former student of SCTCE and got UPSC civil. Services 2013 - AIR 606, allotted IRPS, 2014-17 - Prime Minister's Rural Development Fellow, (PMRDF, under MoRD GoI) at Karbi Anglong district Assam) from 5 pm to 7 pm through the online platform Google meet. The session gave awareness to the volunteers that the most vibrant section of every society is youth and young peoples are crucial segment of a Nations development. Every generation bring unique people who strive to change the world. The youth are not only the leaders of tomorrow, but also the partners of today.

## **QUIT INDIA MOVEMENT QUIZ**

Venue	<b>Date:</b> 09/08/2020	No. of Participants	Type of Activity
Online	Time:		Campus
	Duration: 1 hrs.		

#### **DETAILS**

"Think of yourselves as Indians only"

-Mahatma Gandhi

NSS SCTCE conducted a Youth Quiz program on 09/08/2020 through an online platform, in remembrance of Quit India Movement. The event was organized to improve the knowledge of the volunteers. The volunteers of NSS SCTCE participated in competition and the event was conducted in the form of game or mind sport in which participants attempted to get the right answer. The program engaged the participants in unique way and connected them to the topic very easily. Certificates were provided for the eligible students.

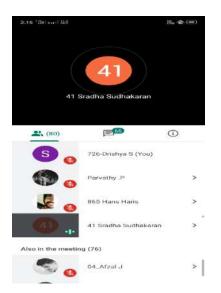
### FRIENDSHIP DAY INTERACTIVE SESSION

Venue	<b>Date:</b> 04/08/2020	No. of Participants	Type of Activity
Online	Time:3pm-6pm		Campus
	Duration: 3 hrs.		

#### **DETAILS**

"Some people arrive and make such a beautiful impact on your life; you can barely remember what life was like without them"

-Anna Taylor



As a part of International Friendship Day celebration, NSS SCTCE organized an interactive session on 04/08/2020 from 3pm to 6pm through the online platforms Google meet and whatsapp. The volunteers were divided into five groups and different tasks were given to them. The session had given chances for our volunteers to speak out their views and thoughts about different themes. The aim of the program was to ameliorate different skills of our volunteers and thereby refine their personality.

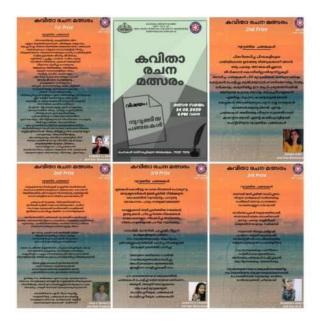
### **INDEPENDENCE DAY: POEM WRITING COMPETITION**

Venue	Date:16/08/2020	No: of Participants	Type of Activity
Online	<b>Time:</b> <b>Duration:</b> 2 hrs.		Campus

#### **Details**

"We want deeper sincerity of motive, a deeper courage in speech and earnestness in action."

#### -Sarojini Naidu



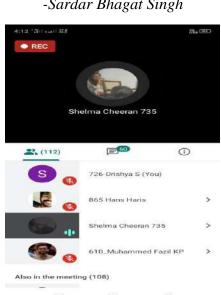
NSS SCTCE organized and celebrated 74th Independence Day on 15/8/2020 In connection with the day our volunteers conducted a poem writing competition in Malayalam language and the theme of the competition was 'crushed chains' which itself gives the energy and reminds the efforts of our freedom fighters. The program helped our participants to sift the sand of their experience for new glimmers of insight and made them realize that shaping a stanza from start to finish can teach them to have fun with language in totally new ways. It also helped our volunteers to express their views and thoughts in a creative way and it took the form of words.

### **INDEPENDENCE DAY INTERACTIVE SESSION**

Venue	<b>Date:</b> 15/08/2020	No. of Participants	Type of Activity
SCTCE	Time: 3pm-6pm		Campus
	Duration: 3 hrs.		

#### DETAILS

"May the sun in his course visit no land more free, more happy, more lovely, than this our country"



-Sardar Bhagat Singh

NSS SCTCE organized and celebrated 74<sup>th</sup> Independence Day on 15/08/2020. In addition to this NSS SCTCE conducted an interactive session from 3pm to 6pm in which the present volunteers and ex volunteers of NSS SCTCE shared their experience from NSS programs. The session was very interesting and it recollected the beautiful memories of NSS which lasts lifelong. The session very effective and it was a good place for collaboration. The experience of someone became knowledge for others. The day was filled with patriotic spirit. It was a time to value our nation and never forget the sacrifices from those who gave us freedom.

## **BLOOD DONATION ORIENTATION**

Venue Google meet	Date:22/07/3020 Time:3pm to 5 pm Duration:2 hrs.	No: of Participants	<b>Type of activity</b> Orientation

#### **Details**

"Giving is not just about making a donation it is about making a difference"



-Kathy Calvin

NSS SCTCE organised an orientation programme on 22/07/2020 from 3 p.m. to 5 p.m. through the online platform Google meet .The program was on the topic "importance of blood donation in covid era" and was presented by KP Rajagopalan (National president federation of Indian blood donors organisation and vice president of all Kerala blood donors society) who started voluntarily blood donation and promotion movement from 1973 onwards. As the lockdown was lifted in phase, need to blood arose but the reluctance of voluntary donors to donate caused acute blood shortage. The aim of the session was to make our volunteers aware about the importance of voluntary blood donation in a critical situation and to be a responsible person of the society.

### **INDEPENDENCE DAY**

Venue	<b>Date:</b> 15/08/2020	No. of Participants	Type of Activity
SCTCE	<b>Time:</b> 8:30am- 9:30am		Campus
	Duration: 1 hrs.		

#### **DETAILS**

"Every citizen of India must remember that he is an Indian and he has every right in this country but with certain....duties"

-Sardar Vallabhbhai Patel



Jai Hind! To our freedom fighters, to our soldiers, to our heroes of the nation, they are the reason we are still alive, and we will never forget their sacrifice. NSS SCTCE organized and celebrated 74th Independence Day on 15/08/2020. The flag hoisting ceremony was done at the college by our Academic Dean Jayasudha in the presence of the college staffs, volunteers and the ceremony was conducted by maintaining social distance and have took all the precautions. The day was filled with patriotic spirit. It was a time to value our nation and never forget the sacrifices from those who gave us freedom.

Venue	Date:30/07/2020	No: of Participants	Type of activity
Online	Time: Duration: 2hrs.		Community

### PHOTOGRAPHY CONTEST: JEWELS OF NATURE

#### **Details**

"Look deep into nature, and then you will understand everything better."



-Albert Einstein

NSS SCTCE unit number 225 and 527 in association with APJ Abdul Kalam Technical University NSS Cell have successfully conducted an online state level photography competition based on the topic Jewels of nature as part of World nature conservation day. The unit received 164 entries in and around Kerala. The participants were allowed to send entries from July 23 to July 30th.The criteria for selection was that it should stick to the topic 'Jewels of nature' which aims to capture the beauty of nature and the image should be original. Our judge was Razal Riyaz, a Mechanical engineering student at TKM Engineering College, Kollam. His seven years of hard work go a long way in being selected as the winner of the "Wild India Contest" jointly organized by the Animal Plant and the Discovery Channel.Razal's photo was previously published by National Geographic in 2019 under the title "Sunrise Canoe Ride" on Munroe Island, Kollam.His photos had also appeared on the official pages of multinational companies such as "Royal Enfield".

The winners of the competition are the following:

Rohit Pratap Nair from Baselius College Kottayam securing the first prize of ₹500, Sarathlal S M from ACE college of engineering Thiruvananthapuram securing the second prize of ₹300 and Anzil Mohammed Ansar from Sree Chitra Thirunal College of Engineering Thiruvananthapuram securing the third prize of ₹200

### **VOYAGE FOR LIFE**

Google Meet Duration:2 hrs. Campus	Time:5pm to 7pm	of Participants Type of Activity Campus
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<u>Details</u>

"Travel....

As much as you can.... As far as you can.... As long as you can....

Life's not meant to be lived in one place, it leaves you speechless, and then it turns you into a story teller"

-Anthony Bourdain



The volunteers of NSS SCTCE organised an interactive travel experience sharing session 'Voyage For Life' on 01/08/2020 from 5 pm to 7 pm through the online platform Google meet .The interactive session was handled by Mr. KM Jubeesh(Travel enthusiast, photographer) & Mr.Christy K Tom (Adventure traveller, Decathlon Mountain Sports Dept.).The session was very interesting as it was a new theme to the volunteers and it made an impact on the volunteers as the whole world is stuck in covid 19 pandemic.

## **MY TREE CHALLENGE-PHASE 3**

Venue	Date: 05/08/2020	No. of Participants	Type of Activity
Home activity	Time:		Community
	Duration: 2 hrs.		

#### **DETAILS**

"He that plants trees loves others beside himself."

-Thomas Fuller



On 5<sup>th</sup> August 2020, NSS SCTCE conducted a program 'My Tree Challenge' as a continuation of World Environment Day programs. The program was conducted to create awareness among people about a simple thought that is "If you want to breathe healthy in future, then start planting." The NSS volunteers joined their hands to make Earth greener and their works were posted on social media for spreading the thought. Our work is far from done still continuing the effort to save our Mother Earth.

## HIROSHIMA REMEMBRANCE DAY

Venue	Date: 06/08/2020	No. of Participants	Type of Activity
Google meet	Time:10am-12pm		Campus
	Duration: 2 hrs.		

#### **DETAILS**

"If I had foreseen Hiroshima and Nagasaki, I would have torn up my formula in 1905" -Albert Einstein



August 6, a reminder of the day when a nuclear weapon used during an armed conflict took lives of human race, razing a city to the ground. Hiroshima day 2020 marks the 75<sup>th</sup> year of walking the path of an atomic bomb. It commemorates the remembrance of the attack on Hiroshima and Nagasaki by the United States during World War 2 in 1945. On 06/08/2020 NSS SCTCE organized an Origami Crane Making Session, through the online platform Google meet from 10am to 12pm. The session was handled by the Ex-Volunteer secretaries Madhav Sankar and Sanjay Krishnan, in remembrance of Sadoko Sasaki, a girl victim of the atomic bombing. The NSS volunteers joined their hands and made the day with colorful origami.